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Devout Christian's
D A I L Y
C O M P A N I O N and E X E R C I S E
I N
DEVOTION:

Containing
A Posie of PRAYERS
F O R

Every Day in the Week, and several
Occasions, for Families and Private Per-
sons alone.

To which are added,
Meditations, Contemplations, Thankf-
givings, Graces before and after Meat.

By R. Ruffel, of Wadhurst, in Suffex,
*Author of the Discourse of the Sin against
the Holy Ghost; and a late Treatise of
the Holy Sacrament.*

The Fourth Edition.

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A P R E F A C E, or Induce- ment to P R A Y E R.

TH E Great God, and Lord of Heaven and Earth, whose we are, and whom only we ought to serve, hath not left himself without Witness; forasmuch as that which may be known of God is made manifest unto us, for the invisible Things of him, that is, his eternal Power and Godhead, are seen by the Creation of the World, being consider'd in his Works, to the Intent we should be without Excuse. Also the infinite Love of God is shed abroad in our Hearts, and set out towards us in the most gracious Work of our Redemption, in that Christ dy'd for us being Sinners, and when we were Enemies, God reconciled us unto himself by the Death of his only begotten Son, whom God sent into the World that we might live through him, and be saved by his Life, greater Love than this can none have, to lay down his own Life for

An Introduction to Prayer.

us. Now there are three special Things amongst many that do always bind and urge us to the Acknowledgment of God, to the Love of his Majesty, and the often calling upon his holy Name, viz. First, The Multitude and Greatness of his Benefits towards us, for which we ought to give him continual Thanks. Secondly, The Infiniteness of our grievous Sins; for which we must of Necessity daily ask Mercy and Pardon from him. Thirdly, Our own manifold Miseries and Infirmities, for which we are constrain'd to seek Relief and Remedy. The first of those David consider'd, saying, What shall I render unto the Lord for all his Benefits towards me? I will take the Cup of Salvation, and call upon the Name of the Lord, I will praise him with my whole Heart all the Days of my Life. All his Psalms are full of Thanksgiving. To the second, Christ inviteth us, saying, Come unto me all ye that are weary and heavy laden, and I will ease you. If any Man sin, we have an Advocate with the

An Introduction to Prayer.

the Father, Jesus Christ the Just : He is the Reconciliation for the Sins of the whole World ; and if we acknowledge our Sins, he is faithful and just to forgive, and cleanse us from all Unrighteousness. For the third, we are encourag'd by God himself, saying, Call upon me in the Day of Trouble, so will I deliver thee, and thou shalt glorifie me ; for he will have Mercy upon us, and heal all our Infirmities ; and when we are in Misery, he saveth and delivereth us. Now for the Performance of our Duty in Thanksgiving, the blotting out of all our Offences, and the release of our Miseries, with the continuance of God's Grace and Favour in all Things, the chief and only Way to find and obtain all, is rightly to seek, and truly to serve the Lord by Prayer, who is the Author and Fountain of all Goodness, Grace and Mercy. Every good Gift coming from above, even from him that freely saith, Ask and ye shall receive ; seek, and ye shall find ; knock, and it shall be open'd unto you : for he that is Lord over all,

An Introduction to Prayer.

is rich unto all that call upon him in Truth, and the Prayer of the Faithful, avails much, if it be fervent; for faithful and devout Prayer is a continual Intercourse and Communion betwixt the Lord and us; and it is like Jacob's Ladder, by which our Prayers make our Wants ascend unto God, and his Mercy descend down upon us; for with the Heart Man believeth unto Righteousness, and with the Mouth we confess unto Salvation; but take heed in sending up thy Desires, prefer the Good of the Soul before the Pleasures or Content of thy Body: and set thy Affections on Things that are above: First, seek the Kingdom of God and his Righteousness, and all other Wants shall be supply'd by his Mercy, according to his Will and our Necessities. And when thou entrest into the House of God, take heed thou offer not unto him the Sacrifice of Fools, but before thou pray'st, prepare thy self, thy Heart and Tongue, as David did, lest thou tempt God to Displeasure. Be not rash with thy Mouth, nor
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An Introduction to Prayer.

let thy Heart be hasty to utter a Thing before God; but e'er thou presume to present thy Self or Service unto the Lord, Meditate upon these three Things: First, Of the Reverence we owe to the great Majesty of God, in whose Presence we are, and to whom we must speak; this brings Humility and Lowlineß of Spirit, which makes us acceptable unto him. Secondly, Of our Knowledge and Belief of the Lord's sweet and gracious Promises which causeth Boldneß to come unto him, with sure Confidence of being heard. Thirdly, Of our Unworthiness, and what Apprehension we have of our own Wants and Miseries, and the great Necessity of God's Help and Mercy to relieve us. This makes us to know and hate our Selves, and love and honour God in whom is all our Help, Hope, and Happiness; therefore with Devout Reverence, Zeal, Humility and true Faith, fly unto his Mercy, and cease not to call often (as David did) seven times a Day upon the holy Nome of the Lord, Psalm 119. 164. by whom we shall be saved, Rom. 10. 13.

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Devout Christian's

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Companion and Exercise, &c.

A Preparation to Prayer.

O Everlasting Fountain of all Goodness and Well-spring of Grace, without whose special Assistance, we are altogether unapt and unable to perform any Duty or Service that may be acceptable unto thee: Vouchsafe therefore (dear Lord) to help mine Infirmities, who cannot of my self pray as I ought, but let thy holy Spirit direct and teach me truly to call upon thy divine Name, with a penitent and faithful Heart, an humble, contrite, and lowly Spirit, a quiet, observant, and recollected Mind, freed from the Vanities and Cares of this vile World, or the Love of this present Life, so as I may dedicate me self wholly unto thee a living Sacrifice, faithfully and devoutly

voutly to serve thee now, and all the Days of my Life. O Lord, make me to lift up innocent Hands, with a pure Heart; and guide thou my Lips with Wisdom, and set a Watch of Grace before my Mouth, that my Tongue may not offend thee at any time, but duly praise thy glorious Name, now and for ever. *Amen.*

A Prayer on the Lord's Day in the Morning.

O Lord, our God, who art most glorious in thy Self, and most gracious in thy Son, God blessed for ever, who inhabitest Eternity, thou standest not in need of any thing which thou hast made; the Services of Men and Angels, can add nothing to thy own essential Glory: We thy Creatures, by thy good Providence, are again humbly prostrated before thee to sanctifie thy Name in our devout Worship and Service of thee, and to give thee Thanks for all that undeserved Goodness and Mercy which thou hast so freely bestowed upon us, for our Preservation the Night past in particular, with all the Comforts and Blessings of this Life; more especially we desire to bless and praise thy
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Holy Name, for all Spiritual Blessings in Christ Jesus ; for all the Means of Grace, and Hopes of Glory ; for the free Liberty thou givest us this Day of frequenting the Courts of thy own House, where thou usest and delightest to lift up the Delight of thy Countenance on the Souls of Believers, in the Face of Jesus Christ.

O Lord ! thou knowest the Frailty of our Natures, how soon our Thoughts are tired with Meditation and Devotion, and apt to start aside, when we direct them towards Heaven : Vouchsafe therefore, we pray thee, to be present with us in the Assistance of thy holy Spirit, to compose our Minds this Day to the most serious Attention and fervent Affection in all the Parts of thy Divine Service : that we may have the liveliest Sense of thy glorious Perfections when we praise thee, and the most delightful Remembrance of thy Mercies when we give thee Thanks, and the most thirsty Desires to be conformed to thy Will, and to feel more and more the Influences of thy Grace, when we hear thy holy Word, and present our Prayers and Supplications before thee.

O let us sit down at thy Feet and receive the Law, even the Instruction of Life, from thy Lips ; O let us receive the Oracles

cles of God in the Power and Demonstration of the Spirit ! Let thy Blessing accompany thy Word and Ordinances, that we may increase in Knowledge and Wisdom, in Meekness and Humility, in Faith and Charity, in a sincere and universal Obedience to all thy Commands. O let the Law of thy Spirit of Life, which is in Christ Jesus, deliver every one of us from the Law of Sin and Death ; and give us, we pray thee, those indispensable necessary Qualifications of our Happiness, Repentance towards thee our God, and Faith in our Lord Jesus Christ : Give us Repentance unto Life, Repentance from all dead Works, never to be repented of. Subdue, for us, all our inordinant Lusts and Appetites, and furnish us with the Faith of thine Elect : A Faith which works by Love ; and, O let that Faith, whereby we expect our Souls shall be justified, in the Day of Jesus Christ, be justified Day by Day by our Works : sanctifie us throughout, accomplish thy whole good Pleasure, and the Work of Faith in us with Power ; and let us all be kept by thy Power, O God, through Faith unto Salvation.

I N T E R C E S S I O N.

AN D thou, O Lord, who hast commanded us to make Prayers and Supplications for all others, as well as our selves, we beseech thee to extend thy Grace and Mercy to all Mankind; send thy enlightning Grace to those that are in Darkness, and thy converting Grace to those that are in Sin, that all may repent, and become thy Servants.

Inlarge the Bounds of thy Catholick Church, unite and sanctifie all her Members, and restore her to her ancient Purity and Prosperity: Let all Christians walk worthy of their high Calling in Christ Jesus, and live up to the Laws of that most excellent Religion which they profess; especially bless these Kingdoms wherein we live, let our Governours rule with Justice, and the People obey with Chearfulness; make the Rich prosperous, thankful and temperate in using, and charitable in the distributing of their Substance; and the Poor and Afflicted patient, and contented under their respective Burthens and Sufferings, sanctifying all their Sicknes, Sorrows and Afflictions unto them, and in thy own due Time, send them a happy Deliverance

liverance out of all their Troubles. And all those who are in their last Conflict, at the Hour of Death, and going out of the World, Lord, strengthen their Faith, confirm their Hope, and crown their Sincerity and Perseverance with a blessed Immortality in eternal Glory. Bless all those to whom we are bound by any special Relation. O Lord, they are all known unto thee, and thou knowest our several Wants and Desires: We beseech thee to proportion thy Reliefs and Blessings according to the various Necessities and Capacities of thy Servants, that we may be mutual Helps and Comforts to each other in our Passage through this Vale of Misery and Tears. And according to the Prescript of our blessed Saviour, we pray for the Forgiveness of our Enemies, Slanderers, and Oppressors, that their Malice may be restrained, and their Hearts converted from the Works of the Flesh, to the Fruits of the Spirit.

The Concluding Prayer.

LORD hear us, help us, pardon our Failings, supply our Wants, and the Wants of all thy faithful People; all which with whatever else thou, in thy infinite Wisdom, knowest to be more expedient
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for us, or any Part of Mankind, we Sum up, and inforce in the blessed Name, and comprehensive Words, of thy beloved Son Jesus Christ, who, in compassion to our Infirmities has taught us thus to pray,

Our Father, which art in Heaven, &c.

A Prayer for the Lord's Day at Night.

O Most Blessed for evermore ! the Father of Mercies, and the God of all Comfort. How precious are thy Thoughts to usward ? How great is the Sum of them ? Thou renewest thy Favours continually, and art still pouring upon us innumerable Benefits : Of which this is not the least that thou givest us leave to come into thy Presence, to call thee Father, and to make known our Requests to thee by Prayer and Supplication, with Thanksgiving. We accept, O Lord, with all Thankfulness, this thy great Grace and loving Kindness to us, and are here again prostrate before thee this Evening, to acknowledge thy Goodness in making us such excellent Creatures, capable to know thee, and acknowledge thee, and love thee, and by being made like thee, to be eternally Happy with thee. Blessed be thy Name that we are now alive, and that we have lived

lived so long in Health and Strength, and Peace and Plenty of all good Things; whereas our Eyes might have been consumed with Grief, our Bones sore vexed, and we might have mingled our Drink with continual Weeping: We are bound unto thee for the free Use of our Understanding; for the good Inclinations we find in our Will: for any Devout Affections which are stirring in our Hearts; for all the Advantages we have had by our Education, good Company, and holy Examples; and more-especially, for the Illuminations of the Holy Ghost, by thy blessed Gospel, the Breathings of it frequently into our Spirits, the Importunities thou hast used to draw us to thee, and the great and precious Promises, whereby thy Love in Christ Jesus constrains us to resign our selves entirely to the Obedience of thy Precepts. We ought likewise to admire and praise thee for thy Goodness to all thy Creatures, who live daily upon thy bounteous Allowance: The Eyes of all wait on thee, and thou givest them their Food in due Season; thou diffusest thy Blessings in several Streams to every one of them according to their Needs; that thou givest them they gather, thou openest thy Hand, they are filled with Good: We give thee the Glory of thy plen-

plentiful Provision thou hast made for them; and more particularly admire thy great Liberality to the Children of Men, under whose Feet thou hast put in Subjection, all Sheep and Oxen, yea, and the Beasts of the Field, the Fowls of the Air, and the Fish of the Sea, and whatsoever passeth through the Paths of the Waters. O Lord, we praise thee for thy Goodness to those who praise thee not themselves; be thou adored and acknowledged in thy Bounty, which bestows so many Blessings unask'd and unsought, and continu'st them, notwithstanding abundance of Provocations, and most high Offences, that they have given to thy merciful Kindness. And let thy Goodness to thy Church be never forgotten by us, which thou hast in all Ages protected and defended, in a marvellous manner propagating the Gospel of our Saviour, confounding its Opposers, and spreading it by the Power of the Holy Ghost over the Face of the Earth. We thank thee for thy singular Favour to these Countries wherein we live, to whom these glad Tidings of Salvation have reached, and who have long enjoy'd a more glorious Light than many other Places; and being deliver'd from the Darkness of Popish Superstition, and from sundry Attempts that have

have been made to bereave us of this Happiness; and are again settled, after many Confusions, in a peaceable Enjoyment of thy true Religion, which thou hast also continued to us, though we have not brought forth Fruit worthy of the Gospel of thy Grace. O that all thy undeserved Goodness may have this Effect upon us, to make us heartily love thee, and devoutly worship thee, and zealously obey thee, and steadfastly trust and hope in thee for ever, that by a careful Improvement of the Knowledge of thee our God, and our Lord Jesus Christ, by whom thou hast given us all Things that pertain unto Life and Godliness, we may still enjoy this inestimable Treasure, and all thy Love to us may at last be finish'd in those eternal Joys which he hath promised to the Faithful. And as we have been taught, exhorted, and encouraged this Day out of thy holy Word, and have likewise publicly acknowledged our Obligations to thee, and made Profession of Love and Gratitude, and Dutifulness to thy Divine Majesty: So help us all the Week following, openly to testify the Truth and Honesty of our Hearts, in all this by a blameless Conversation, in all Humility, Meekness, Temperance, Righteousness, Charity and Peace, with

with all them that call on the Lord out of a pure Heart. Bless our Sovereign, the Defender of the Faith we profess, and all employed under her in their several Offices, that they may be Instruments of continuing to us these holy Opportunities, with all other good Things that may make these Kingdoms happy. O that all our Friends may be thine! and if we have any Enemies, Father, forgive them. Comfort and support the Sick, the Needy, and all other distressed Persons, with an immovable Belief of thy wise and good Providence, to which give them Grace patiently and obediently to resign themselves; and when all our Senses this Night shall be bound up with Sleep, be thou, O Lord, our Keeper; and after the Refreshment of that Repose, and this holy Rest from our Labours, raise us in the Morning to return unto thee with chearful Minds, and ready Wills, praising still, and magnifying thy multiplied Mercies to us in Christ Jesus, by whom we present our selves and Petitions to thee, saying farther as he hath taught us,

Our Father, &c.

A Prayer for Monday Morning

Most gracious Father, and Almighty God, who beyond all Measure hast unloocked the Treasure of thy Favour and Blessing unto us from time to time, we most heartily thank thee for the sweet Sleep and comfortable Rest which we have taken this Night, through thy gracious Preservation of us; and now, O Lord, we consecrate our Souls and Bodies to thy Service this Day, again, and ever hereafter, desiring that our Prayers early now this Morning may have Access unto thee. O Lord, we pray thee, bless, preserve, and keep us this Day by thy Power, from Sin, Shame, and all Evil, and so direct us with thy Grace, that all our Thoughts, Words and Works, may please thee. Stand, we beseech thee, between us and our Enemies, Bodily and Ghostly, especially Satan, and all Assaults and Snares that he setteth for us daily; and as thou hast now raised up our Bodies from a sound and heavy Sleep, so deliver our Souls from the dead Sleep of Sin, and the Darkness of this World. Help, O Lord, the Creatures which depend upon thy Providence only. O Lord Jesus have Mercy upon us, miserable Sinners; pardon
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and forgive us all our Sins, Negligences, and Ignorances; remember not our Obstinacies, and have Compassion upon our Infirmities. Set thy holy Passion, Cross, and Death between thy Judgment and our Souls Danger, both now and at the Hour of Death. Of thy Mercy, O Lord, strengthen our Weakness, and mortifie our corrupt Natures, inclining to Swearing, Wantonness, Lying, or any Sin whatsoever; and grant that we may so walk in thy Ways, by the Light of thy holy Word, that no worldly Vanity bewitch us to sell our selves to work Wickedness, but that we may in a special manner strive against those Sins that our corrupt Natures is prone unto. O, holy Father, grant us sound Minds, and upright Hearts, and the right Use of our Senses continually, that knowing what we do, and practising what we know, we may worthily lament the Wickedness of our Lives, and ever, upon our unfeigned Repentance, feel thy Comforts rejoycing our Souls, and never forget the Desire of the Life to come, but diligently fix our Hearts and Affections on heavenly Things. O Lord, bless us in all the Passages of this Pilgrimage; further our Business, that we may truly walk without Sin, and safely work without Danger, in that Vocation whereunto thou hast called

called us in this Life; and after Death, O Lord, restore our Bodies and Souls to Life eternal. Hear our Prayers, O Lord God, for Jesus Christ his sake, our only Lord and Saviour. *Amen.*

A Prayer for Monday Night.

O Eternal God, and in Christ Jesus our most merciful and loving Father! We thy unworthy and unprofitable Servants, do here, in thy sight, freely confess and acknowledge, before thy divine Majesty, That we are most miserable and wretched Sinners, and grievous Transgressors of all thy holy Laws and Commandments, that as we were born and bred in Sin, and stained in the Womb, so have we continually, since that time, multiplied many actual Transgressions against thy Majesty both in Thought, Word and Deed, so that our Sins are grown more in Number than the Hairs of our Head, and heavier in Weight than the Sands by the Sea-shore; therefore it is thy meer Mercy that long e'er this they have not pressed us down to the very Pit of Hell. Thou only, O Lord, knowest our Sins, who knowest our Hearts; nothing can be hid from thy all-seeing Eye: thou knowest both what we have been,
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and what we are; yea, our Consciences do accuse us of many and grievous Evils, and thou being far greater than our Consciences, art able to lay much more unto our Charge: We appeal therefore from thy Justice to thy Mercy, which is above all thy Works, how much more above our Sins, intreating thee to look upon us in the Face and Countenance of thy well-pleasing Son Christ Jesus; for his sake, O Lord, we pray thee, be good and gracious to all our Sins and Iniquities past, of what nature or kind soever they be; whether of Ignorance or of Knowledge, of Commission of Evil or of Omission of our Duties. Wash them all away in the Blood of thy dear Son; bury them in his Grave, and lay such a Weight of his Righteousness upon them, so as they may never be able to rise up against us, either in this World to accuse us, or in the World to come to condemn us. And because, O Lord, our Nature is so prone to commit Sin, and that with greediness; so that if thou shouldst, even at this Instant, give us a free Pardon of all our Sins, yet we confess, such is the Corruption of our weak Flesh, that without the restraining Grace of thy holy Spirit, we shall fall into the same Sins again or into worse; therefore we humbly pray thee, most gracious God, not only

only to pardon that which is past, but also purge our present Corruption, and by the Grace of thy good Spirit prevent those that are to come. Grant, good Lord, that we may think it more then sufficient, that we have spent the time past of our Lives according to the Lusts of the Flesh, and after our own Desires and Fancies; and may now even resolve to dedicate the rest of our Lives that yet remaineth, to thy Glory, and our own Comfort, and the Good of our Brethren, through Jesus Christ our Lord.

We pray thee forgive us the Sins committed against thy Majesty this Day past, whether in Thought, Word, or Deed, by committing that which thou hast forbidden, or omitting that which thou hast commanded, or performing it in a sinful, irreverent, cold and unprofitable Manner. We praise thee for our Life, Health, Safety, Peace, Liberty, Food and Apparel, Power and Will, either to think, speak or do any good things. We bless thy Name for the Dangers we have escap'd; for the Sins, (which by thy Grace) we have shunn'd; and for the good Duties which (by the help of thy holy Spirit) we have in any weak measure perform'd; and for all other Comforts we have enjoy'd for Soul and Body, for this Life and a better, for these and all o-

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ther thy Mercies, which are more than we are able to reckon up. We yield all humble and hearty Thanks, that our hard and narrow Hearts can possibly render to thy Divine Majesty. And now, O Lord, we commit and commend our selves, Souls and Bodies, and all that we have, to thy most gracious Protection, beseeching thee to keep us and ours, and all thine, as the Apple of thine Eye; defend us from all those Dangers which may happen unto us, either from Satan or wicked Men, Fire or Water, or other Casualties, and grant, that tho' we sleep, yet our Hearts may awake, wait, and be furnish'd for the Coming of the Bridegroom. Bless and sanctifie our Rest and Sleep unto us; make it sweet, moderate, quiet and comfortable unto us, that being refreshed thereby we may awake with thee, and walk before thee the Day following, and all the Days of our Lives.

In these our weak Prayers, O Lord, we are not mindful of our selves alone, but of thy whole Church, dispers'd over the Face of the Earth, far and wide. Bless, O Lord, the principal Member thereof, our Dread Sovereign, Queen *Anne*, enrich her Royal Heart with all Graces necessary for so high a Place; establish her Throne,

we beseech thee, and let her Soul be bound in the bundle of Life with thee. O God, bless her Royal Highness the Princes *Sophia*, &c. Bless all her Majesty's most Honourable Privy-Council, be thou present with them, and President over all their Councils, as may be most for thy Glory, the Honour of the Queen, the Peace of our State, and the Comfort of thy People. Bless all Judges and Magistrates of the Land. Bless the Ministers of thy Word and Sacraments: Thou that art the Lord of the Harvest, send forth many faithful and painful Labourers, that they may feed thy People with Knowledge and Understanding. Bless, O Lord, all the afflicted Members of thy Church, diseas'd either in Body or Mind, or both; especially those that suffer for the Testimony of a good Conscience: O Lord, to whom all their Cases and Necessities are manifest, we beseech thee to make all their Beds in their Sickness; lay no more upon them than thou shalt make them able to bear; give a true sight and feeling of their Sins, so far as may lead them to true Repentance, with hearty Sorrow for the same: and, good Father, deal with them in Mercy, and not in Justice; either to release them out of that present Misery,

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wherein they are, either by Life, that they may glorifie thee in this World, or by faithful departure, that they may be glorify'd of thee in the World to come. These Mercies, most gracious God, and whatsoever else thou know'st in thy Wisdom to be better for us than we our selves can ask, we beg them at thy Hands, not for our own Merits, for they are nothing; but for the Merits of thy dear Son, Christ Jesus, our Lord and Saviour: In whose Name, and in whose Words we conclude;

Our Father, which art in Heaven, &c.

A Prayer for Tuesday Morning.

O Lord, the high and holy One, whose Glory is above the Earth and Heaven. We thy Creatures prostrate our selves in the humblest Adorations of thee; ascribing to thee all Power, Wisdom, Riches, Might, Majesty and Dominion; and acknowledging, that to thee of Right belongs all Blessing, Worship, Thanksgiving and Praise, together with all Honour, Love, Service and Obedience for evermore. Blessed be thine Omnipotent Goodness, which hath advanc'd us to such a degree of Being, that

we are capable to look back to thee from whom we come; to know thee, to love thee, to acknowledge thy great Bounty towards us, and to resemble thee in Wisdom and Goodness. All that is within us blesteth thy holy Name, for breathing into us immortal Spirits, that we may eternally admire thee, praise thee, love thee, and joyfully render those grateful Acknowledgments which we owe unto thee. We can never sufficiently magnifie thy Mercies towards us, especially those in the Lord Jesus, in whom thy Grace hath so exceedingly abounded, as to surpass not only our Deserts, but the largest of our Desires. Blessed, blessed, for ever blessed be thy Fatherly Goodness, who hast sent him from Heaven so unexpectedly, to visit us vile Wretches, who dwell in Houses of Clay, whose Foundation is in the Dust. Lord, what is Man, that thou art mindful of him, or the Son of Man, that thou didst thus visit him! We thank thee, according to our poor Ability, from the very bottom of our Hearts, for his Manifestation in our Flesh; for the charitable Testimonies he gave of his Love to Mankind in the Course of his Life; for that astonishing Grace in submitting himself to die for us; for his glorious Resurrection and Ascension to Heaven; for the

Sovereign Power and Authority which thou hast given him at thy Right Hand ; for his compassionate Intercession for us, and the Assurances we have receiv'd of his being the King of Glory, and of his continued Kindness to us, by the coming of the Holy Ghost ; we will never cease to bless thee for that great Salvation, which was first preach'd by the Lord, and was confirm'd by them that heard him ; and for the Witness which thou bearest to them, both with Signs and Wonders, and with divers Miracles and Gifts of the Holy Ghost, according to thy own Will. We rejoyce in the Light of thy Holy Gospel, that we see the Way to be happy, both by the Doctrine and Example of thy Son Jesus, that we have the Encouragement of his precious Promises, and such good Hope of Remission of Sin, and eternal Life in the Day when he shall judge the World in Righteousness. O how much are we bound unto thee for that comfortable Hope which thou hast given us, of seeing our dear Saviour in all his Glory, and being there where he is, and reigning with him for ever. We again render thee our most hearty Thanks, for that everlasting Consolation and good Hope through Grace which thou hast given us. And for all those Benefits likewise, which thou

thou art pleas'd to bestow upon us, to make our Stay here on Earth the more convenient and delightful to us, we are every way oblig'd to thee beyond all that we are able to express or conceive. Thou feedest us and cloathest us; thou preservest our Health and our Strength; thou hast delivered us from innumerable Dangers; and when thou hast chastised us, it hath been in great Mercy and Clemency, and not according to our deserving. O that all the World would shew forth thy Praise, and devote themselves to the Service of our Lord: Let all the Kings of the Earth submit themselves unto him, and glory in the Name of his obedient Subjects, High and Low, Rich and Poor, let them Praise the Name of the Lord, from this time forth and for evermore; for great is the Lord, and greatly to be praised, especially in the Assembly of the Saints, and by the Church and Household; which we beseech thee to keep and to continue in thy true Religion, as thou shewest to them that be in Error the Light of thy Truth, to the Intent that they may return into the Way of Righteousness; so grant unto all them that are admitted into the Fellowship of Christ's Religion, that they may eschew those things that are contrary to their Profession,

and follow all such things as are agreeable to the same. Accept, most gracious God, of these unfeign'd Desires of us thy Servants, who for our parts, intirely dedicate our selves, both Souls and Bodies, unto thee, resolving in all things to walk worthy of thee, who hast called us to thy Kingdom and Glory, and blessed us also with many other good things, which make this Life to be a more easie Passage to a better. We will never forget how much we are indebted to thee, but study to express a grateful Remembrance of thy Mercies, by living soberly, righteously and godly in this present World, looking for that blessed Hope, and the glorious appearing of the great God and our Saviour Jesus Christ. Favour, we pray thee, these holy Purposes, with the constant Assistance of thy good Spirit, that we may be able to accomplish that we have begun; and to perfect Holiness in thy Fear. Help us to add to our Faith Vertue, and to Vertue Knowledge, and to Knowledge Temperance, and to Temperance Patience, and to Patience Godliness, and to Godliness, Brotherly-kindness, and to Brotherly-kindness Charity, that these things being in us and abounding, they may make us to be neither barren nor unfruitful in the Knowledge of
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our Lord Jesus Christ. Preserve us this Day especially, that we swerve not presently from these pious Resolutions ; but may give such a Proof of their Sincerity, by our being stedfast and immoveable in all Well-doing, notwithstanding any Temptation to the contrary, that we may have the better Hope we shall persevere to the very End, through thy continued Grace in Christ Jesus : In whose Words we desire all that thou see'st needful, either for our Souls or Bodies, for our selves or others, saying,

Our Father, &c.

A Prayer for Tuesday Night.

ALmighty God and gracious Father, in thy Son Christ Jesus, we thy poor Creatures humbly appear again in thy Presence, acknowledging with all hearty Affection, that our Beings, and all the Comforts of them, depend on thee the Fountain of all Good. We have nothing but what we have receiv'd from thence, and is owing entirely to thy free and bounteous Love, O blessed Creator, and to the unsearchable Riches of thy Grace, O blessed Redeemer. To thee therefore, our God and Saviour, be given by us, and all whom

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thou hast made to know how Great and Good thou art, all Honour and Praise, all Love and Service, as long as we have any Being. We lament our Folly and Ingratitude, that we have not done it from our very first Knowledge of thee; every Day we are bound by an indispensable Obligation of Mercy and Kindness, which we receive from thee; particularly thy Fatherly Care over us the Day past: Lord, make us truly thankful unto thee, and be pleased to continue thy Goodness unto us. Look down upon us, who are now before thee, and dare not give Sleep to our Eyes, nor Slumber to our Eye-lids, till we have renewed our Covenant with the God and Father of Mercies, and have humbly offer'd unto thee our Souls and Bodies as a reasonable Service.

Be therefore pleased, O Lord, to forgive all the Sins of our past Lives; particularly the Omissions and Commissions of this Day; for which alone should'st thou enter into Judgment with us, thou might'st justly condemn us to the lowest Hell, and give us our Portion with Hypocrites, in utter Darkness.

Blessed Lord, we desire from the bottom of our Hearts to be sensible of our manifold Frailties and Infirmities, and of that

that Law in our Members, that is always warring against the Law of our Minds ; so that whenever we would do Good, Evil is present with us, and intermingles with our very Prayers, and disturbs our most Religious Duties and Performances.

And therefore it is, that utterly renouncing our own Righteousness as Dung and Dross, we fly to him who is our Advocate with the Father, Jesus Christ the Righteous, desiring him to wash away our Sins with his own precious Blood, and to present us unto thee, our God, pure and spotless.

And for his sake we humbly beseech thee, O Lord, to lighten our Darkness, and by thy great Mercy to defend us from all Perils and Dangers of this Night, giving us a moderate and refreshing Rest, free from frightful Dreams and sinful Imaginations, which are the evil Effects of our corrupt Natures.

When we awake let our Souls be filled with heavenly Thoughts and pious Meditations, always remembering that we are in the Presence of a God who knows our Down setting and our Up-rising, who understands our Thoughts afar off, and is acquainted with all our Ways.

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If we should be so vain and foolish to believe that the Darkness would cover us, the Night shall be light about us; the Darkness hideth not from thee, but the Night shineth as the Day: The Darkness and the Night are both alike to thee.

And forasmuch as the Closing of our Eyes to Rest, so nearly resembles Death, and our Beds are but Models of our Graves, out of which we must one Day be called, by the Sound of the last Trump, to arise and come to Judgment, let this, and every Evening, and every Morning of our Lives put us in mind of our dying Hour. Make us therefore sensible how highly it concerns us while we have Health of Body, and Soundness of Mind, to arm our selves like good Soldiers with Christian Courage and Resolution for our Death-Bed Conflicts, with mortal Diseases, and the Malice of spiritual Enemies.

That so Death, which is to so many others the King of Terrors, may be to us a kind Friend, and a welcome Guest; and we may with all Chearfulness quit these Houses of Clay and fleshly Tabernacles, and exchange the Troubles and Sorrows of a painful Pilgrimage, in a Valley of Tears, for the Joys of Heaven and Everlasting Happiness with blessed Saints and Angels in the highest Heavens. We

We also pray for the good of all Mankind, as well as our own, especially that all Christian People may walk worthy of thy Gospel, and live together in Peace and Unity; and let the sincere Profession and Practice of thy true Religion be continued to us and all Generations.

Direct our Governours, bless our Friends; and be good to all that are in any Trouble and Affliction, and make us truly thankful that we are in a more easie Condition. Lord, continue thy Mercies unto us, and help us to make a Wise and Christian Use of them, and all the Talents committed to us, that at the last we may be approved faithful Servants, and enter into the Joy of our Lord, in whose Holy Name and Words, &c.

A Prayer for Wednesday Morning.

MOST holy, most glorious and eternal Lord God, we thy poor unworthy Servants, in all Humility of Soul and Body, and unfeigned Acknowledgment of our Duty, prostrate our selves before the Throne of thy Mercy, praising and magnifying thy fatherly Goodness for the abundance of thy Blessings, and for
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the multitude of thy Mercies heaped upon us; beseeching thee for Jesus Christ's sake to be merciful to all our Sins committed against thy Divine Majesty: Upon the Consideration of which, we confess we are not worthy to appear in thy Presence, much less to ask a Blessing at thy Hands; for by reason of our corrupt Nature in us, derived from our first Parents, our Inclinations have been prone to commit all manner of Sin and Wickedness against thy Goodness: Thy Law's and Precepts we have broken both in Thought, Word, and Deed; out of our Hearts proceed evil and wicked Imaginations which defile the Soul, and the whole Man is altogether abominable: These things, O Lord, we confess to our Shame, and if thy Mercy prevent not, it will be our utter Destruction of Soul and Body. Yet, O Lord, thou art our Creator, thou hast made us, and thou hast sent thy dear Son Jesus Christ to die for us, and thy Holy Spirit to sanctifie us: And many are the Benefits and Blessings which thou hast bestowed upon us, and which by thy Goodness we enjoy both of Soul and Body; and therefore by the Testimony of our own Consciences we stand convicted, and the Thoughts of our great Sins and Transgressions do much astonish us: What shall we say

say therefore, or wherein shall we open our Mouths? Who shall deliver us from the Misery due unto us for our Transgressions? Nothing can be expected in this Life but Wrath and Confusion, and in the World to come eternal Condemnation: But yet, O Lord, in Obedience to thy Command, and in confident Assurance of thy endless and unspeakable Mercy promised in Jesus Christ to all Sinners, we come unto thee with Sorrow in our Hearts, Shame in our Faces, and in all Humility of Spirit; and we would appeal from thee, a just Judge, to thee a merciful Father, from the Throne of thy Justice, to the Seat of thy Mercy, beseeching thee, O Lord, to have Mercy upon us, and to turn away thy Face from all our Sins, and to blot out all our Transgressions; for the only meritorious Death and Passion of Jesus Christ, who so abundantly shed his Blood on the Cross to take away the Sins of the World: And be pleased now to reform our Affections, transform us out of Sin into the glorious Liberty of thy own Children, to live in Newness of Life in a holy Conversation and continual Obedience to thy Divine Majesty.

And now we further intreat thee, O Lord, for a Blessing upon thy Church Universal; more especially we beseech thee
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to continue the Peace and Prosperity of these Churches wherein we live, and every Member thereof; and in a more especial manner bless, with the chiefest of thy Blessings, thine Anointed, and our Sovereign Lady, the Queen's Majesty, and the rest of the Royal Family; bless the Lords of her Majesty's Privy-Council, the Reverend Clergy, and all Civil Magistrates: bless all our Kindred, Friends, and Acquaintance: bless all, O Lord, from the highest to the lowest.

And since it hath pleased thee, O Lord, of thy Goodness to deliver us from the Power of Darknes, and all Dangers of the Night past, affording us quiet and comfortable Rest, bringing us safe to the beginning of this Day; our Souls and all that is within us shall praise thy holy Name: We beseech thee to bless and defend us, O Lord, this Day, direct and protect us in it, bless our going out and coming in, let thy Spirit guide us in all our Actions, prosper all our Labours and Endeavours this Day; make us diligent and dutiful in our Callings, that we may keep a good Conscience in all our Dealings, not any way to defraud any one, knowing that one Day we must give an Account of all our Words and Deeds.

Lord,

Lord, hear us we beseech thee, and accept of this our Morning Sacrifice of Praise and Thanksgiving, hear our Prayers, and grant our Petitions that we have ask'd, and all other Blessings which thou in thy infinite Wisdom knowest most necessary for us, we ask at thy merciful Hands, in the Name, and through the Mediation of thy dear Son, our blessed Redeemer, Jesus Christ our Lord, in whose most excellent Form of Prayer we conclude our imperfect Petitions, saying,

Our Father, &c.

Evening Prayer for Wednesday.

ETernal God, ever-living, and ever-loving Father in Jesus Christ, we here throw down our selves at the Foot-stool of thy Divine Majesty, humbly acknowledging from the Ground of our Hearts, to thy Glory and our own Shame, that we are most vile, and wretched Sinners, no ways worthy of the least of all thy Mercies which thou shewest towards the Children of Men; but most worthy we are of the heavy Plagues which are threatned in thy holy Word against impenitent Offenders. Father, we have sinned more than seventy times seven times against Heaven,
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and in thy sight ; leaving undone all those good Duties thou hast commanded us, and committed all those Sins which thou hast forbidden with Greediness and Outrage : We have sinned against thee, and against all thy Creatures ; against Heaven which is loth to contain us, because our Sins exceed the number of the Stars therefore ; against the Earth, which groans to bear us, because our Sins exceed the Number of the Dust thereof : We most humbly pray thee to set them all over to the Reckoning which thy Son Christ hath made up for them, upon his Cross, and never to lay any of them to our Charge, but freely forget and forgive all : Nail down all our Sins and Iniquities to the Cross of Christ, bury them in his Blood, hide them in his Wounds, let them never rise up in Judgment against us. Be reconciled unto us in thy dear Son concerning all Matters past, not once remembering, or repeating unto us our old and abominable Iniquities, but accept us as righteous in him, imputing his Righteousness unto us, and our Sins unto him ; let his Righteousness satisfy thy Justice for all our Unrighteousness, his Obedience for our Disobedience, his Perfection for our Imperfection ; we intreat thee moreover, merciful Father, to give us the true Sight and
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Feeling of our manifold Sins, that we may not be blinded in them through Custom, as the Reprobates are, but that we may be soon weary of them, as under a heavy Burden, and much grieved for them, labouring and striving by all possible Means to get out of them. Good Father, touch our hard and flinty Hearts with true Repentance for all Sins, and let us not take any Delight or Pleasure in the least Sin; and howsoever we fall through Frailty, as we fall often, yet let us never fall finally: let us never lie down in Sin, nor continue in Sin, but let us get up and turn to thee with all our Hearts, and seek thee whilst thou may'st be found, and whilst thou dost offer Grace and Mercy unto us. O Lord, increase in us that true and lively Faith, whereby we may lay sure hold on thy Son Christ, and rest upon his Merits altogether; let us so feel the Power of thy Son's Death, killing Sin in our mortal Bodies, and the Power of his Resurrection raising us up to Newness of Life, that we may live holily, justly, and soberly in this present evil World, shewing forth the Vertues of thee our God, in all our particular Actions, that we may adorn our holy Profession, and shine as Lights in the midst of a crooked and froward Generation, amongst whom

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we live: For this Cause have Mercy upon us, dear Father, we humbly pray thee, and never leave us to Ourselves, nor to our own Desires, but assist us with thy good Spirit, that we may continue to the End in a righteous Course, that so at length we may be received into Glory, and be made Partakers of that immortal Crown, which thou hast laid up for all that love thee, and truly call upon thee: And lastly, O Lord, we praise thy Name for all Things necessary for this Life, as Food, Raiment, Health, Peace, Liberty, and such Freedom as we rely upon every Hour, and for this Night present, wherein we are to take our bodily Rest; we pray thee let thine holy Angels pitch their Tents about us, and Preserve us both in Soul and Body, both sleeping and waking, that in the Morning following we may be the better enabled to follow our Callings, both to thy Glory, and our own Comforts: Bless with us, we pray thee, thy Children and Church in all Places, continue thy Gospel and Truth unto us in Goodness: We pray thee in Mercy to bless our most gracious Queen *Anne*, preserve her Person and her Throne, and the rest of the Royal Progeny; the Nobility, Magistracy, Ministry, and People of this Land,

Land, with every good Mercy thou knowest always fit for any of them. This, Lord, we crave at thy Hands, for Jesus Christ his sake, our Lord, and blessed Saviour: To whom, with thee, and thy blessed Spirit, be given all Honour, Glory, Majesty, and Dominion, now and for evermore. *Amen.*

A Prayer for Thursday Morning.

ALmighty God and most merciful Father, who of thy wonted Goodness and Mercy hast protected and preserved us this last Night from many calamitous Accidents, which otherwise might have befallen us, and safely brought us to the Light of another Day; Defend us, we pray thee, in the same with thy mighty Power, and so prevent us with thy gracious Favour, and further us with thy continual Help, that in all our Works begun, continued and ended in thee, we may ever seek thy Honour and Glory; and finally, by thy Mercy, obtain everlasting Life, through Jesus Christ our blessed Lord and Saviour:

For whose sake we humbly pray thee to blot out of thy Remembrance all our past Sins and Provocations, and to work in our
Hearts

Hearts a godly Sorrow and a sincere Repentance, with a stedfast and firm Resolution to reform and amend our Lives.

To which end, be pleased to assist us with the Grace of thy holy Spirit, to overcome the Depravity of our Natures, and sanctifie us to thy Service. Let our Minds and Hearts be renewed more and more, that being transform'd by the renewing of our Minds, we may prove what is that good, and acceptable, and perfect Will of God; that we may be able to know, that it was we ought to know and delight to do thy Will, O God; and let thy Law be written in our Hearts. Give us to know Christ and his Life, that he may be form'd in our Hearts, and that he may live in us; that the same Mind may be in us which was in Christ, that we may be made conformable to his Death, in Crucifying the Flesh with its Affections and Lusts: Let thy Grace always prevent us, and accompany us, and enable us to persevere unto the end. Make us, O Lord, perfect in every good Work, to do thy Will, working in us that which is well-pleasing in thy sight, through Jesus Christ.

And forasmuch as we are here but Strangers and Pilgrims, let thy good Spirit guide and conduct us in our Way to our long
Homes,

Homes, through the wide Wilderness of this sinful World, where there are so many cross Ways, and By-paths, and Precipices, Traps and Snares laid for us by the Devil and his Emissaries, to entice us to Sin and Wickedness, and then to plunge us into endless Woe and Miseries; where there is no true Content or Satisfaction to be found, and where the most refin'd of Humane Pleasures and Delights are greatly allay'd with the Mixture of Cares and Troubles, Fears and Jealousies, Sickneses and Diseases, Crosses and Disappointments; where Love and Kindness are often repaid with Hatred and Malice, and the most bountiful Actions with ungrateful Returns; where the Poor are oppress'd by Men of Power, and innocent Lambs made a Prey to ravenous Wolves; where our Eyes are too often entertain'd with dolsful Spectacles, and our Ears fill'd with Sighs, Groans and bitter Lamentations.

And therefore, gracious Father, be pleas'd to give us such a Measure of Faith, Hope and Patience, as may bear us up in all the Changes, and Chances of this mortal Life, and enable us in whatever State or Condition we are, therewith to be content; as well to be abas'd as to be exalted, to want as to abound, to have nothing as
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to possess all Things ; and though the Fig-tree should be withered, and no Fruit be found on the Vine, the Labour of the Olive fail, and the Field yield no Increase ; though there should be no Sheep in the Fold, or Herd in the Stall, no Cattle in the Pasture, or Stores in the Garner ; no Water in the Bottle, or Oil in the Cruse, yet still to trust in that God, who feeds the Ravens, and the young Lions-when they call upon him ; who can make Rivers to flow out of hard Rocks, and furnish a Table in the Wilderness, with whom the very Hairs of our Heads are all number'd, and in whom none ever trusted and were confounded.

That so having finished our Course, and run our Race, and lived the Life of the Righteous, our last End may be like unto his, and when ever these Houses of Clay shall be dissolved, our Souls may be safely conveyed by some blessed guardian Angels to the Place appointed for the Spirits of God's Elect, there to wait with Patience for a joyful Re-union with their respective Bodies at the Resurrection, and second Coming of Christ in Glory with all his holy Angels.

With us be good to all Mankind, send thy Gospel where it is not, restore it where it

it is lost, confirm it where it is. Bless these Nations, watch over us daily for Good, and be merciful to our Sins.

Bless all Ranks of Men, both Governours and Governed, that we may all live in Godliness, Righteousness, Sobriety, Love and Unity.

All which, with whatever else is necessary for us, or any of thine, we beg in the Name and Words of thy beloved Son.

Our Father which art in Heaven, &c.

A Prayer for Thursday Night.

ETernal God, and in Jesus Christ our most merciful Father! thou which art the Father of Mercies, and the God of all Consolations, we thy unworthy Servants do hear, according to our abounded Duties, humble our selves before thy Majesty, and rendring in that poor Measure we are able all Praises and Thanks for all thy Mercies and Blessings bestowed upon us from time to time, ever since we were born, until this present; for our Election, Creation, Redemption, Vocation, Justification, Sanctification, Preservation, and the Hope of our Glorification hereafter; as also for all those Blessings that concern this Life present, furnishing us continually with all

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good Things necessary that we stand in need of: More especially, O Lord, we thank thee that thou hast preserved and defended us this Day from all Perils and Dangers, both of Body and Soul, wherein too many have fallen; and we might also, had we not been guilty by thy merciful Providence. O Lord, we confess to the Shame of our own selves, that we are not worthy of the least of all these thy Mercies; but as we are conceiv'd and born in Sin, so have we liv'd in Iniquity, and in the Transgression of thy Laws, not regarding to be governed by thy holy Word; and therefore have justly deserved that thou shouldest pour upon us all Shame and Misery in this Life, and eternal Condemnation in the World to come. But, O Lord, we know that thou art a God full of Mercy, slow to Anger, of great Compassion, and wilt not the Death of a Sinner, but rather that he should live. In confidence of this thy Mercy, we confess before thy Majesty, our manifold Sins, intreating thee to pardon them all, for the Merits of Christ Jesus; and seeing thou hast given us so large a Time of Repentance, grant that we may now at length return unto thee in Sincerity of Heart, and Contrition of Spirit. And for this Night present we beseech thee,
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sanctifie our Rest unto us that we may enjoy the same as thy Blessing, that thereby our wearied Bodies being refresh'd with moderate and quiet Sleep, we may be the better enabled to walk before thee in our Callings the Day following, to thy Glory and our own Comforts through Jesus Christ. Remember with us thy Church and Children in all Places, gather together thine Elect, forgive the crying Sins of this Land, make an end of these Days of Sin, and hasten the Coming of our Lord Jesus Christ. Preserve thine Anointed, and our dread Sovereign Lady, Queen *Anne*, the Princess *Sophia*, &c. defend and keep them from Plots and Treacheries, both Abroad and at Home: Let thy Spirit of Wisdom, of Counsel, and of upright Judgment rest upon all the Lords of her Majesty's Honourable Privy-Council, the Nobility and Magistracy for the best Good of this whole Land. Bless the painful Preachers of thy holy Word, give good Success, we pray thee, to their Studies and Labours for the winning of so many Souls as thou hast ordained to Eternal Life; Comfort all the Afflicted, that suffer under thy Hand, and howsoever it shall please thee to deal with them, yet support them with Patience and

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Thankfulness, to undergo whatsoever it shall please thee to lay upon them; and when thou shalt see it fit, send them Deliverance, that either by Life or by Death, Christ may be to them Advantage: Lastly, We beseech thee, good Lord, to bless all our Kindsfolks in the Eleſh, and all others whom thou wouldest we should pray for; hear us for them, and them for us, and Christ Jesus for us all: In whose Name we shut up these our imperfect Prayers, in that perfect Form, which he himself hath left us, saying,

Our Father, &c.

A Prayer for Friday Morning.

MOST gracious God, thou which art the King of Glory, and Father of Eternity, we poor miserable Servants, Dust and Ashes, are ashamed that we can return nothing unto thy Majesty for all thy Mercies plentifully bestowed, and graciously continued unto us till this present: We confess, Lord, that we have returned nothing unto thee but Hatred for thy Goodwill, let it strike our Hearts, we pray thee, that we have abused thy bodily Blessings unto Covetousness or Intemperance, thy Pati-
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ence unto Presumption, the Grace of thy Gospel unto Licentiousness in Sinning ; let us abhor our Selves, that we have profaned thy Sabbaths, despised thy Words, quenched thy Spirit, unhallowed thy Name, and many ways defiled the Holy Profession we have taken upon us ; let us repent of our wilful blindness of Mind, hardness of Heart, and remorselessness of Conscience, whereby we have resisted the Work of thy Grace in us. Thou, O Lord, wouldest have purged us, and we would not be purged ; thou wouldest have cured us, and we would not be cured. These and all other our Sins, as well of Omission, as Commission, let us recount before thee with true Sorrow and Astonishment of Heart ; but we humbly pray thee, Gracious Father, do not straightly mark our Iniquity, nor deal with us as we have deserved ; for unto us belongs nothing but Confusion and Condemnation, but unto thee Compassion and Forgiveness, though we have rebelled against thee ; we have learned in thy Word, that thou art a God Merciful and Gracious, slow to Anger, and forgiving Iniquities, Transgressions and Sin : Thou hast in the same Word made many faithful Promises, that thou wilt be found of them that seek and sue for Mercy unto thee : Thou hast

satisfied thy Justice in that ignominious Death of thy Son, our alone Saviour Jesus Christ, for the Sins of the whole World of thine Elect.

Thou hast given us of thy Spirit, whereby we sinful Wretches are taught and inclined to forgive, for thy sake, such as have offended us, how much more wilt thou shew thy self a faithful and merciful God, to pardon all our Sins, and to cleanse us from all Unrighteousness. O Lord, teach us to rise up with thy Majesty against our Sins, that our War with them may assure us that we have Peace with thee: Let us not be such Traitors to thy Majesty, as to harbour thy Enemies; break off in every one of us, we pray thee, the wicked Customs of sinning, and let us not, as if the Load were too light, add more unto the Weight and Measure of our Sins; but rather let us, in our Proportion, bear part in the Sufferings of our Saviour, ceasing, from Sin, for his sake, who for our sakes refused not to offer up his innocent Soul a Sacrifice for Sin: Lord, teach us to do thy Will; knit our Hearts unto thee, that we may fear thy Name; let thy good Spirit lead us in all the Paths of Righteousness, and make our barren Nature fruitful in good Works. Quicken us, O Lord, for thy Name sake,
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with the Life of Grace, and stablish our Hearts with thy free Spirit; teach us freely to submit our selves to the easie Yoak and light Burthen of our Lord Jesus Christ; let thy Grace so frame us unto hearty Obedience, that thy Commandments may not be grievous unto us; let thy Love in Christ Jesus be so shed abroad in our Hearts, by the Holy Ghost, that no Difficulties may discourage us in the way of Well-doing. Let the Meditation of that glorious Kingdom prepared for us, so possess and affect us, that the Love of this present World may seem base and unworthy of us; let the Expectation of the sudden Coming of our Lord Jesus Christ so awaken us, that the short and momentary Pleasures of Sin, or Cares of this Life, may not lull us asleep and ensnare us. And seeing, O Lord, thou hast watched over us this Night by thy gracious Providence, and hast brought us to the beginning of this Day, grant that we may walk as Children of the Light. Bless us, O Lord, in our Places and Callings, wherein thou hast set us, and let thy Kindness and Mercy follow us all the Days of our Life; for outward Blessings, we submit our selves to thy wise and fatherly Providence, beseeching thee to give us this Day what thou knowest needful and necessary

for the Day ; and give us, we pray thee, such a Portion of Health, Maintenance, Credit, and all outward Comforts, as may make us thankful and serviceable unto thy Majesty : These Blessings, and whatsoever Mercies, either for Soul or Body, how far forth thy good Wisdom shall see them needful for us, we beg them at thy Hands, in the Name, and for the Merit of thy dear Son, and our only Saviour, Jesus Christ, in that Form of Prayer which he hath taught us in his Gospel.

Our Father, which art in Heaven, &c.

A Prayer for Friday Evening.

Most gracious Lord God, whose Dwelling is in the highest Heavens, and yet beholdest the lowly and the humble upon Earth ; we blush and are ashamed to lift up our Eyes unto Heaven, because we have sinned against thee, which dwellest in the Heavens ; but look down, we beseech thee, from Heaven thy Dwelling-place, and behold the Humility of thy Servants here on Earth, which prostrate themselves at the Foot-stool of thy Mercy, confessing their own Guiltiness, begging Pardon for our Sins : We confess, O Almighty Creator,

tor, that thou madest us at the first after
thine own Image; thou cloathedst us with
Innocency as with a Garment, thou seat-
est us in Paradise, a Place of all Delight
and Pleasure; but we have defac'd thine
Image, we have cast off our first Cove-
ring, we have thrust our selves out of that
pleasant Place, we ran away from thee;
and were not obedient to thy Voice; and
now we do still shut our Eyes, O Lord,
that we might not see, and we have refused
to be ruled by thy Law: the Law of Sin in
our Flesh doth daily captivate us; the Root
of Sin which lieth hidden in us, doth e-
very Day put forth new Branches; all the
Parts and Faculties of our Bodies and Souls;
are as so many Instruments of Unrighte-
ousness to fight against thy Divine Majesty:
Our Hearts imagin wicked Things, our
Mouths utter them and our Hands put them
in Practice; thy Mercies are every Day
renewed unto us, and our Sins are every
Day multiplied against thee; in the Day of
Health and Prosperity we forget thee, and
we never think upon thee but in the Day
of Sicknes and Adversity; thy Benefits
heaped upon us do not allure us to obey thee,
neither do thy Judgments inflicted upon
others, make us afraid to offend thee. What
couldst thou have done, O Lord, more for

us; Or what could we have done more against thee? Thou didst send thy Son, in the Fulness of Time, to take our Nature upon him to fulfill thy Law for us, and to be crucified for our Sins, but we have not followed the Example of his Holy Life, but have every Day afresh crucified him by our Sins, and now, O Lord, if we should become our own Judges, we cannot but confess that we have deserved everlasting Torments in Hell Fire; but there is Mercy with thee, O Lord, therefore will we not despair; our Sins are many in Number, but thy Mercies are without Number; the Weight of our Sins is great, but the Weight of thy Son's Cross was greater; our Sins press us down to Hell, but thy Mercy in Christ Jesus raiseth us up; by Satan we are accused, but by Jesus Christ we are defended; by our own Consciences we are condemned, but by Jesus Christ we are absolved and pardoned; in us there is nothing but Sin, Death, and Damnation; in him there is treasured up for us Righteousness, Life and Salvation; we are poor, Christ is our Riches; we are naked, he is our Covering; we are exposed to thy Fury pursuing of us, he is the Buckler of our Defence, and our Refuge; he is the Rock of Salvation, and in him do we trust. Guide us,

O Lord, by thy holy Spirit to amend what is amiss in us, increase all Gifts and Graces which thou hast already given, and give unto us what thou best knowest to be wanting; be gracious and favourable to thy whole Church, especially to that Part of it amongst us; bless thy Servant, our Sovereign Lady, the Queen's most Excellent Majesty, and all the Royal Family; we beseech thee also to be gracious to her great Council, the Nobility, the Magistracy, the Ministry, the Gentry, the Commonalty; forget not, O Lord, all those that are under the Cross and Affliction, cloath the Naked, feed the Hungry, visit the Sick, deliver the Captive, defend the Fatherless and Widow, relieve the Oppressed, confirm and strengthen those that suffer Persecution for Righteousness sake, cure those that are broken in Heart, speak Peace unto their Consciences that are tormented with the Sence of their Sins; stand by those that are ready to depart out of this Life, and when the House of their earthly Tabernacle shall be destroyed, then, Lord, receive their Souls: And now, O Lord, we bless and praise thy Name, for our Health, Maintenance, and Liberty, for preserving us ever since we were born, for blessing us in all that we have put our Hands unto this Day; let thy
Mercy

Mercy still be continued unto us, we beseech thee; let the Eye of thy Providence, which never slumbereth nor sleepeth, watch over us, and let the Hand of thy Power protect and defend us; cover us this Night under the Shadow of thy Wings, that no Evil happen upon us: Grant that our Bodies may be refreshed this Night with such moderate Rest, that we may be the fitter for the Works of our Vocation, and thy Service the next Morning; hear us, we beseech thee, for Jesus Christ his sake, our Lord and only Saviour: In whose Name and Words we call upon thee further, praying,

Our Father, &c.

A Prayer for Saturday Morning.

Most glorious God and merciful Father, we thy most unworthy Creatures, do here confess before thy Divine Majesty, to thy Glory, though it be to the Shame and Confusion of our own Faces, that we are unworthy to appear before thee, much more unworthy to offer up our Prayers unto thee, with Confidence that thou shouldest hear them, and grant our Requests, by reason of our manifold Sins, and innumerable

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Transgressions, that we have heaped up against thy Majesty, ever since we were born, until this present Day; and now, O Lord, being come before thee, we must needs confess the vileness of our Estates. We were conceived, bred, and born in Sin, and in Sin have we continued all our Days, we have drunk Iniquity like Water; yea, we have drawn it after us, and tied it unto us, as with greed Ropes; yea, we have even made a Mock of Sin, and it hath been a Pastime unto us to do wickedly: Notwithstanding, O Lord, thou hast called upon us, but we still have refused, thou hast again and again stretched out thy Hand, but we have not regarded; thou hast sought to reclaim us, but we have hated to be reformed; thou hast often called upon us by thy blessed Word, yet notwithstanding we have despised thy Patience, and abused thy Goodness: So that we have given thee just Cause to heap upon us all thy fearful Plagues and Punishments, which in the Extremity of thy Law doth belong unto the Wicked. It is thy unspeakable Mercy, that thou didst not make our Beds our Grave, never to have risen again; but, O Lord, we know there is abundance of Mercies with thee that thou may'st be feared: And exceeding Experience have we had of thy

thy Goodness, Long-suffering, and Patience towards us; therefore I grow in Hope still, that thou purporest us Good and not Evil, to Save us and not to Destroy us: Beseeching thee to accept the Death of Christ as a full Satisfaction for all our Sins, to wash them away in his Blood, and to bind them in one Bundle, and cast them behind thy Back, never to be remembered. We humbly thank thy Majesty for thy manifold Mercies extended towards us this Night past, and all the Days of our Lives, for our quiet Rest and Sleep, our Food and Raiment; our Health, Peace and Liberty, and the hope of a better Life in the Merits of thy dear Son Christ Jesus: For all these thy Merits, O Lord, we have nothing to render unto thee but thine own; if we could give thee our Bodies and Souls, they might be saved by it, but thou wert never the richer for it; yea, even since we arose we have tasted many of thy Blessings, and thou hast begun to serve us. We can shew no reason why thou shouldest bestow all these Blessings upon us, more than others, but that thou art merciful; and if thou should'st draw all back again from us, as justly thou may'st, we have nothing to say, but that thou art Just: And seeing, O Lord, we are now to enter into the Affairs of this Day,

Day, we beseech thee bless us in the Duties of our Callings this Day and ever ; for Idleness and Godliness cannot stand together, and it is thy Pleasure that in the Sweat of our Faces we should eat our Bread. O Lord, preserve us from all fraudulent and deceitful Courses, draw our Affections more and more from the Love of the World, and fix our Hearts upon those Things which are above : And of Things succeed according to our Mind, by thy Blessings upon our Labours, make us thankful unto thee : If any Cross come, make us patient and careful to profit by every Chastisement that it shall please thee to lay upon us, knowing that howsoever they are grievous for the present, yet in the end they will bring the quiet Fruit of Righteousness to all them that are thereby exercised : Which God grant for Christ his sake : To whom, with the holy Spirit, be all Praise now and ever.
Amen.

A Prayer for Saturday Evening.

O Eternal God, the Father of Men and Angels, who art invested with essential Glories and Perfections ; thou art not only to be worshipped and adored for the Excellencies of thy Divine Nature, but

as thou art the highest Object of our Hopes and Desires, the kind Parent of all Things, and great Benefactor of Mankind: We are astonished with the Mediation of thy infinite Attributes, and boundless Glory; and yet humblest thy self to behold the Things that are in Heaven and Earth, thou searchest the Heart, triest the Reins, and ponderest all our Doings, that thou may'st reward every Man according to his Works. With what Reverence and Humility, with what Care and Circumspection, with what Uprightness and Integrity, should we then daily endeavour to behave our selves in the Presence of so exact and so constant an Observer?

But when we reflect upon the Practices of our past Lives, we find so opposite a Deportment and Behaviour, attended with so many aggravating Circumstances, that hadst thou not declared thy self a God, Merciful and Gracious, who delightest not in the Death of a Sinner, but art willing to receive returning Prodigals, and humble Penitents, we durst not have presumed to appear in thy Presence: O Lord, we confess our selves deeply humbled at the remembrance of our past Provocations, deprecating thy Displeasure, and earnestly seeking Pardon and Forgiveness, through
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the Merits and Propitiation of thy beloved Son Jesus Christ.

We thankfully acknowledge thy unspeakable Forbearance and Long-suffering, in that we are still living Monuments of thy Mercy, that thy Wrath is not kindled into irreversible Destruction, neither the Door of Salvation for ever shut up against us : O therefore make us wise to consider our latter end, that while the Day of Grace, Health and Opportunity remains, we may timely provide for the great and momentous Concerns of Eternity. To which End, be pleased to assist us with thy holy Spirit, that we may mortifie and subdue our corrupt Passions and Affections, and overcome the Temptations of the World, the Flesh and the Devil. And grant that for the future we may watch more carefully, resist more vigorously, pray more fervently, and walk more circumspectly : That having devoted our selves intirely unto thee, we may, during our short Pilgrimage here, go on from Imperfection to Strength, from Acts to Habits, from Habits to Conformation, in all the heavenly Graces, till they are consummated in everlasting Glory through Jesus Christ our Lord.

And,

And, O Lord, as thou hast safely brought us to the Close of this Week, we beseech thee to continue still thy loving Kindness both to our Souls and Bodies, fit us for the religious Duties of the approaching Day; and as thou hast appointed it a Day to be kept Holy to thy self, grant that we may perform such Services as may be acceptable unto thee: When we go to thy House to offer publick Worship, do thou accompany us thither, and let us behave ourselves there with all Reverence; giving serious Attention unto thy Word, that it may be like good Seed sown in good Ground, and bring forth Fruit in our Lives, in a plentiful manner, to the Glory of thy Name, and the Eternal Comfort and Salvation of our Souls in the great Day of our Lord Jesus.

And superadd this, O Lord, to all the Grace and Favour which thou hast shewn us all along in Life, not to remove us hence but with all Advantage for Eternity, when we shall be in a due Preparation of Mind, in a holy Constitution of Soul, in perfect Renunciation of the Guise of this mad and sinful World, when we shall be entirely resigned up to thee; when we shall have clear Acts of Faith in God, by Jesus Christ, high and reverential Thoughts of thee in our Minds, enlarged and enflamed Affections towards thee, &c. And

And whensoever we shall come to leave this World, which will be when thou shalt appoint, for the Issues of Life and Death are in thy Hands ; good God afford us such a mighty Power and Presence of thy good Spirit, that we may have solid Consolation in Believing, and avoid all Consternation of Mind, all Doubtfulness and Uncertainty concerning our Everlasting Condition ; and at length depart in the Faith of God's Elect, and in a full Assurance of a blessed Resurrection by Jesus Christ, who arose again from the Dead, and is become the first Fruits of them that slept.

In the mean time, grant, O Lord, that the Life which we now live in this World, may be a patient Continuance in Well-doing, in a joyful Expectation of the blessed Hope, and the glorious Appearance of the great God, and our saviour Jesus Christ.

I N T E R C E S S I O N.

ANd to thee, O God, who art good to all, we desire, in the Name and Intercession of thy beloved Son, to enlarge our Petitions for the Salvation of all Mankind.

Bless thy Universal Church with the Spirit of Truth and Unity, Peace and Charity,

rity, and by thy good Providence preserve it pure and uncorrupted both in Faith and Practice unto the End of the World; especially bless that part of thy Reformed Church established in these Nations: O Lord pardon our manifold Provocations, as also our great Barrenness and Unfruitfulness under the long continued Illumination of thy Gospel, and give us all Grace to bring forth Fruit Meet for Repentance, and Amendment of Life, that thy Judgments may be with-held from us, and thy Blessings continued to us, and to succeeding Generations.

Direct with Wisdom and Integrity all our Governours both in Church and State, assist them to discharge faithfully their respective Places, that we may lead quiet and peaceable Lives in all Godliness and Honesty. Visit with thy especial Grace and Blessing all our Relations and Friends; forgive our Enemies, comfort, and relieve all that are afflicted in Body or Mind; in Mercy save all who are at the Point of Death, and let the present Sufferings and Troubles of thy Servants encrease their Faith and Vertue here, and enlarge their Happiness hereafter.

A Prayer for Morning or Evening in Families.

O God, the Infinite, Eternal Spirit, most perfect in Power, Wisdom, and Goodness, tho' mortal Eyes cannot behold thee, nor any created Understanding comprehend thee, thou art present with us, and seest all the Secrets of our Hearts; our Sins and Wants are known to thee, but thou requirest our Confessions as the Exercise of our Repentance, and our Petitions as the Exercise of our Desires and filial Dependance upon thee; and O that our Souls were more fit for thy holy Presence, and for this great and holy Work. O thou whose Mercy inviteth miserable Sinners to come unto thee by the new and living Way, meet us not in thy Justice, as a consuming Fire, but accept us in thy righteous and beloved Son, in whose Mediation is our Trust.

Thou, who art the Creator of all Things, didst make us in thy Image, to know thee, to love thee, and to serve thee, but Sin hath corrupted all our Powers, and turned them from thee, and against those holy Ends and Uses for which thou didst create us, in Sin we were conceiv'd, and in Sin we have liv'd, increasing our original Guilt and Misery,
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though we know that thou art our Owner, we have lived as if we were at our own disposal; we have called thee our King and Ruler, but we have rebelled against thee, and obeyed our carnal Wills and Appetites: Thou art Goodness and Love it self, and the Author of all that is good and amiable in all the World, and our Souls should have loved thee with Fervency and Delight, but our Hearts have been estranged from thee, and have sought Delight in worldly Vanities, and in the pleasing of our fleshly Mind and Lusts: This deceitful World hath had our Love, our Care, our Thoughts, our Words, our Time, our Labour, as if it had been our Home and Portion, and we had been to continue here for ever, whilst our God, and our immortal Souls have been neglected. Thou hast made us capable of endless Glory, and called us to seek it, and to set our Hearts above on thee, but we have lived as if we believed not thy Word, and have despised the Joys of Heaven which thou hast offered us, and preferred our short and sensual Pleasures; and have trifled in thy Worship, and served thee hypocritically, with our Lips alone; we have taken thy dreadful Name in vain; we have mispent thy Holy Day; we have dishonoured our Superiours, and neglected our

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Inferiours; our Family, which should have been ordered in Holiness as a Church of God, hath been a House of Vanity, Worldliness, and Discontent; our Thoughts have been guilty, not only of Vanity, Folly, and Confusion, but of Malice, and of unclean and filthy Lusts; our Tongues have been guilty, not only of idle and foolish Talk, but also wrathful Words and Railings, of filthy and immodest Speech, and of evil-speaking and backbiting others, and of many a Lye; we have not loved our Neighbours as our selves, nor done by all others as we would have had them done by us, but we have been all for our carnal selves, proudly desiring our own Exaltation and Esteem, and covetously desiring our own Commodity, and sensually desiring Pleasure to our selves, whilst we have too little cared for the corporal or spiritual Good of others; we have been very backward to love our Enemies, and heartily to forgive a Wrong; we have been unprofitable Abusers of thy Talents, and have wasted our precious Time in Vanity, and done but little Good in the World.

And though thy wonderful Mercy hath given us a Redeemer, and in him a sufficient Remedy for our Sins; and thou hast posed the Understandings of Men and
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Angels in this strange Expression, of thy Wisdom, and thy Love; yet have we stagger'd at thy Word in Unbelief, and stupidly neglected this great Salvation. How carelessly have we heard and read thy Gospel? How little have we been affected with all the Love and Sufferings of our Saviour? We could have been thankful to one that had saved our Lives or enriched us in this World; but how unthankful have we been to him, who hath done so much to save our Souls from endless Misery. Alas! our hard unhumbled Hearts do make light of our Sins, and of thy just Displeasure, and therefore make light of Christ and Grace; and it is just with thee to deny us for ever, the Mercy which we set so light by. But deal with us, O Lord, according to thy Goodness, and according to our great Necessity, and not according to our Deserts; we have sinned as Men, but be thou merciful as God. Where our Sin aboundeth, O let thy Grace abound much more. Thou gavest Mankind a Saviour, when we were thine Enemies, and thou wast in Christ, reconciling the World unto thy self; and it is thy great Design to glorifie thy wonderful Love and Mercy, by the Advantage of our great Unworthiness and Misery, and to forgive much,
that

that we may love thee much ; and if after all this, we should doubt of thy Willingness to forgive believing penitent Souls, we should greatly wrong the Riches of thy Grace. Thou soughtest us when we sought not after thee, and it is by thine own command that we seek thee, and beg thy Mercy : and thou givest us the very Desires which we pour out before thee. Thou beseechest us to be reconciled, and to receive thy Grace, and shall we question then whether thou art willing to give it, there is enough in the sacrifice and merits of thy Son, to expiate our sins, and justify penitent Believers in thy sight ; thou hast made him the infallible Teacher of thy Church ; he is a King, most fit to rule us, to defend and justify us : Thy Spirit is the Sanctifier of Souls, and thy Love is sufficient to be our everlasting Felicity and Rest. We therefore humbly give up our selves to thee our God, to thee our Father, our Saviour, and our Sanctifier, beseeching thee to receive us upon the Terms of thy Covenant of Grace. Remember not against us our youthful Folly, Ignorance, and Lusts. Forgive our secret and our open sins ; our sins and negligences, rashness and presumption, especially those Sins which we have deliberately and wilfully committed against our knowledge,

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ledge, and the strivings of thy Grace. Renew and sanctifie us throughly by thy Spirit; take from us the old and stoney hearts, and give us hearts more tender and tractable; and give us the divine and heavenly Nature, and make us holy in the Image of thy Holiness. Cause us to resign and devote our selves, and all that thou givest us, entirely to thee, as being thine own. Bring all the powers of our Souls and Bodies into a full subjection of thy Government. O shew us thine infinite goodness and perfections, and the wonderful mercy which thou hast given us in Christ, and shed abroad thy love upon our hearts by the holy Ghost, that we may be constrained by thy love, to love thee above all things withall our Heart and Soul, and Might. Let the beams of thy love so fire our hearts, that we may love thee fervently, and delight to love thee, and taste the beginning of the heavenly felicity, and pleasures in thy love, and may perceive that we can never love thee enough, but may still be longing to love thee more. We dare not say, O that we could love as thou art worthy, for that is above both Men and Angels. But, O that we could love thee as much as we would love thee, till we come to that most blessed state where we should love thee more than we can

can desire. If we had never sinned in word or deed, the want and weakness of our love to thee, is a sin which we can never sufficiently lament; and the very shame of our corrupted natures, are a burthen that we cannot bear. We crave no other felicity in this life, than to know thee better, and to love thee more. Give us the spirit of adoption, which may possess us with all child-like affections to thee as our reconciled God and Father in Christ. Cause us to make thee our ultimate End, and to seek thy glory in all that we do. Let it be our chiefest study in all things to please thee, to promote thy Kingdom, and to do thy will. Set up thy glory above the heavens, and let thy name be sanctified in all the earth; convert the heathen and infidel world, and let their kingdoms become the kingdoms of thy Son. Give wise and holy Rulers to the Nations, and let the Gospel of Jesus go forth as the Sun, to the enlightning of all the quarters of the earth. O that the world, which is ruled by the malicious prince of darkness, might receive and obey thy holy laws, and in the beauty, harmony, and holiness, be made more like the Saints in Heaven. Reform the Churches which are darkned and defiled, and cast down that tyranny, ungodliness,

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heresie, and schism, which keep out knowledge, holiness, and peace. Preserve and bless the Reformed Churches, especially in these Kingdoms where we live. Bless the Queen and all in Authority. Teach our Teachers, and give both able and faithful Pastors to all the Congregations of these Lands, and give the People obedient, pious, and peaceable Minds. Cause us to seek first thy kingdom, and righteousness, and let all other things be added to us. Give us all necessities for the sustaining of our natures, and make us contented with our daily bread, and patient, if for our sins we want it. Teach us to improve our precious time, and not to spend it in idleness, or sin, but dispatch the work upon which our endless life dependeth, and to live as we shall wish at last that we had lived. Let our daily sins be daily and unfeignedly repented of, and be daily pardoned, through Jesus Christ; and let us live in the belief of his mediation, according to our continual necessities. Let thy exceeding love and pardoning mercy, teach us to love our neighbours as our selves, and to love our enemies, and to pardon wrongs, and do good to all, according to our power. Strengthen us in our Warfare against the Flesh, the World, and the Devil, that we
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may not only resist but overcome. Keep us from the baits and snares of Sin, and let us not thrust our selves into temptations. Save us from ignorance and unbelief, from ungodliness and hypocrisie, from pride, worldliness, and slothfulness, and all sinful pleasing of the flesh. Cause us to worship thee in holiness, and reverently to use thy dreadful name, and to remember the keeping holy of thy day. Keep us from sinful disobeying our Superiours, and all unfaithful neglecting our Inferiours, and from injuring any in thought, word, or deed. Keep us from sinful wrath and passions, from all unchastity in thought, desires, words, or actions. Keep us from stealing and defrauding others, from lying, slandering and backbiting, and mortifie that selfishness which would set us against our Neighbour's welfare. Keep us from the Judgments which we deserve, and let all Afflictions work together for our good. O help us to spend this transitory life, in a faithful preparation for our death, and let our hearts and conversation be in Heaven, and forsake us not in the time of our extremity.

Add in the Morning,

Protect, direct and bless us this day in all our lawful ways and labours, that in the evening we may return thee joyful Thanks, through Jesus Christ our only Saviour, in whose Words we sum up all our Prayers. *Our Father which art in Heaven, hallowed be thy Name, thy Kingdom come, thy Will be done, on Earth as it is in Heaven. Give us this Day our daily Bread. and forgive us our Trespases, as we forgive them that Trespas against us. And lead us not into Temptation, but deliver us from Evil, for thine is the Kingdom, the Power, and the Glory for ever and ever. Amen.*

Add in the Evening.

Preserve us this Night, and give us such rest of body and mind, as may fit us for the labours of the following Day, for the sake of Jesus Christ our Saviour, in whose Words we sum up our requests. *Our Father which art in Heaven, hallowed be thy Name, thy Kingdom come, thy Will be done, on Earth as it is in Heaven. Give us this Day our daily Bread. and forgive us our Trespases, as we forgive them that Trespas against us. And lead us not into Temptation, but deliver us from Evil, for thine is the Kingdom, the Power, and the Glory for ever and ever. Amen.*

A Prayer for converting Grace, to be used by the Unconverted, which are convinced of their sinful miserable State.

O Most holy, just, and dreadful God, yet gracious and ready to receive poor Sinners, who penitently return unto thee by Faith in Christ; pitifully behold this

this miserable Sinner, who is prostrate as at thy feet, and flieth with fear from thy terrible Justice, in hope of thy pardoning and saving Mercy. I hear from thy word, that thou hast redeemed the World by Jesus Christ, and he hath satisfied thy Justice as a Propitiation for our Sins: and hath merited thy pardoning, saving Grace for all that truly believe and repent, and heartily accept of Christ for the saving work and benefits of his Mediation. But I hear, that except we repent we shall all perish; and that he that believeth not shall be damned: And that except we be born again of the spirit, and be converted and become as little Children, we cannot enter into the Kingdom of God; and that without Holiness none shall see thee: And that if any Man have not the spirit of Christ he is none of his; and that all that are in Christ are new Creatures; old things are passed away, and all things are become new: And that the carnal mind is Enmity, and neither is, nor can be subject to Law; that if we live after the flesh we shall die, and that Christ is the Author of eternal salvation to all that obey him.

I am convinced, O Lord, that thou art my Creator, and therefore my Owner, and that I, and all that I have or can do,

should be used to thy glory as thine own : Asalso that thou art the rightful Governour of the World , that thy Laws are holy, just, and good ; that my baseness and folly, and corrupted will, do make me unfit to rule my self. I am convinced, that thou art best, and best to me, and that I should love thee with all my heart, and vilifie all the pleasures, and riches, and houours of this World, in comparison of thee. I am convinced, that all this World is vanity, and that Heaven alone, where thou art seen and perfectly loved and praised, is the only felicity of Souls ; and should be sought before all transitory things. I am convinced, that thou art the first and last, of whom, and through whom, and to whom, both I, and all things are : And I am convinced, that my forsaking thee, and turning to my carnal self, and this deceitful world, and all my sins, deserve thy wrath, and my destruction ; and that I have no hope but in penitent, sincere conversion to thee by Faith in Christ the only Reconciler.

But, alas ! the hardness of my heart, the power of unbelief and fleshly lusts prevailed against all this conviction, I fear least all my Knowledge will but condemn me to be beaten with many stripes ; when

I know that I should do good, evil is present with me; and the will of the flesh prevaileth against thy holy will. The Custom of sinning hath encreased my sinful inclination, and I have not a will which hateth my pleasant and gainful sins: I forbear them oft through fear, while I love them, and wish that thou didst not forbid them. Long have I been wishing and purposing to repent and come to thee; but, alas, how many promises have I changed, and how many promises have I broken, and how many wishes have come to nothing? My corrupted will, enslaved by my sense, will not change it self, nor forsake the pleasant Vanities which it loveth,

O that I had a heart, a will to love thee as much above all the world as I know I should love thee, and to delight in thee, and in thy holy ways, in thy grace and in the hopes of glory, as much as I know thou art more delectable than all the pleasures of the world and sin. O that I had a heart that would enlargedly run the way of thy Commandments, and did delight to do thy Will, O God, and did still obey thee from the power of Love. O that the new Nature did more strongly encline me to thee and to thy service, than my corrupted Nature enclineth me to the interest

of carnal self and sense. O that I had a heart to believe in Christ, as strongly as I know I should believe in him, and to hate sin, as much as I am convinced, that I should hate it, and to live by faith, and not by sight.

And though these desires may be but from the power of self-love, and the fears of Hell, O that I had more spiritual, and sincere desires. I have corrupted this heart, O Lord, but I cannot renew it: I have defiled it, but I cannot cleanse it: I have kindled in it the fire of sinful lusts, but I cannot quench it: I have undone my self, and rejected that Saviour, and resisted that holy spirit, which should have sanctified and saved me: And I have not a thought nor desire, a will nor an endeavour for my own Recovery, but of thy gift: Nor shall I so much as forbear my own sin and destruction, unless thy Mercy turn me or restrain me. I have none to fly to now, or in the hour of my last extremity, but that God, whom I have so heinously offended. I have none to trust in but the Saviour whom I have so unthankfully neglected. I have none to regenerate and make clean my soul, but the same spirit whom I have so long resisted.

Have mercy upon me, O God, according to the greatness of thy mercy: I have
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finned like a frail and foolish Man ; but do thou have mercy on me as a gracious God. As my sin hath abounded, let thy Grace much more abound. When I hear of the wonderful design of thy Love in saving lost Sinners by Jesus Christ, and at what a rate he hath redeemed Souls, it reviveth my hope and fainting heart. When I think it is not the way of thy Providence to bring men by innocency to Heaven, but by healing and reconverting grace, and that all mens souls, save Christ's, that are now in Heaven were once Sinners on Earth, as I now am ; and that thou hast glorified none, but such as were first condemned by thy Law, and had deserved everlasting Death ; it emboldneth me to hope for mercy and salvation. Create in me a clean heart, O God, and renew a right spirit within me ; I am dead in sin, and almost past feeling : O when wilt thou quicken me, and cure my stupidity ? I have a heart as hard as a stone it self, it feeleth not sin, it feareth not thy judgments as it ought, it relisheth not aright thy mercy, it trembleth not to think of Death and Hell, tho' I have no assurance to be thence one day. O when wilt thou turn this stone into a new and tender heart ; I have a presumptuous and self-flattering heart, that will hard-

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ly fear what it would not feel ; I have a careless sottish heart which little regardeth the things of everlasting consequence ; as if it cared not where I dwell for ever. O when wilt thou give me a necessary care of my own salvation, the spirit of slumber hath seized on me ! I see my sins and cannot forbear them ; I see my duty and have not a heart to do it ; I see my danger and yet run upon it ; I foresee the dreadful awakening day of death and judgment, when the most senseless sinners shall feel and fear, and yet I have not a heart to stir and cry for grace, and strive as for the life of a miserable soul, nor fly to Christ and improve the day of my visitation : I know that this is the accepted time, and this is the day of salvation, and that all that must be done for Heaven must be quickly done : I know that I must now be saved from sin, or else I shall never be saved from Hell ; and yet, alas ! my slumbring senseless soul awaketh not ; I see time is swiftly posting away : My glass is almost run out ; the frailties of my decaying corruptible flesh are daily warning me to prepare. But I cannot, I cannot, alas, Lord, I cannot ; there is not a heart in me to believe and feel, and to set me on duty, and to do my part. My time is going

O precious time, it is going, Lord, and almost gone; many that have gone to the grave before me, have been my warnings; I have but a few breaths more to breathe, and I am gone from hence for ever; and yet, alas! my work is undone, my soul is unready. If I die this night, O where shall I awake, and where must I take up my endless dwelling? It is thy wonderful mercy which hath kept me alive and from Hell so long; the time that's past will never return. It is in vain to call it back; when I am once gone hence, there is no returning to live better, or to die better, and make a better preparation for eternity; it must be now or never: And yet my senseless sluggish Soul scarce feeleth or stirreth at all this. O thou that art the living God, and raised Jesus Christ from the dead, revive and raise this stupid soul; Lord Jesus, raise me by thy quickning Spirit, which hath raised millions that were dead in sin: O speak effectually that word of life, Awake thou that sleepest, and stand up from the dead, and Christ shall give thee light; awake ^{de} by thy grace, least the thunder ^{thy} wrath, and the fire of hell, too late awake me.

And, Lord, I have a dark and ignorant, and prejudiced and an unbelieving heart; it
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staggereth at thy word, it questioneth the Scriptures, it looketh strangely upon Christ himself, it looketh doubtingly and amazedly towards the world to come; I am so captivated in flesh, and used to live by sight and sense, that I can scarce believe or apprehend the things unseen, though thou hast revealed them with certain evidence. O for one beam of thy heavenly illumination, pity a dark and unbelieving Soul: alas, if unbelief prevail, Christ will be as no Christ to me, and the Promise as no Promise, and Heaven as no Heaven. O heal this evil Heart of Unbelief, which hath neglected Christ, his sacrifice, merits, doctrine, example, his Covenant and his Intercession, and hath departed from the living God: A promise is left us of entering into rest: O let me not fall short by unbelief, let me be taught by the inward light of thy spirit, to understand the light of thy holy word, and leave me not in the power of the Prince of Darkness.

And, Lord, my will is as sinful as my mind, it is byassed by sense, and followeth the rage of lust and appetite; O how little is it inclined to thee, ^{and to Heaven}, and to any holy work! I can love my flesh, I can love my food, and ease and wealth, I can love my friend; yea, wretch that

that I am, I can love my Sin, my brutish, God-provoking Sin. But O that I could say, I love my Saviour, and love my God, and love the place of glorious perfection above all these. O touch this heart with the loadstone of thy love: O kindle in it this heavenly fire; Nothing will do it but the holy spirit of love, working with the revelation of thy wonderful love in Jesus Christ. Hold the eye of my Soul upon my Saviour, upon my humbled crucified Saviour, upon my ascended, glorified, interceding Saviour, and let me never cease gazing on this glass of love, and hearing this heavenly Messenger of thy love, till thy blessed co-operating spirit of love have turned my heart into love it self; even into the love which is the living Image of thy love, and then in Christ I shall be lovely to thee.

As ever thou hast mercy on a miserable sinner, have mercy on me, and renew this soul of all mercies in the World. O give me thy holy spirit, through the meditation of my dear Redeemer, even the spirit of life, and light, and love. And let this be Christ's advocate and witness in me, and the witness, earnest, and pledge of my salvation. Of all plagues, O save me from the plague of a heart forsaken by thy spirit

spirit, and left in death, darkness and disaffection: Is it not thy will that I should pray for grace? Hast thou not said, that thou wilt give thy holy spirit to them that ask it; I hope it is not without thy spirit that I beg thy spirit, though, I know not whether it be his common or special grace. Had I ask'd for riches and honours, and the pleasures of sin, no wonder if my prayer had been denied, or granted with a curse. But wilt thou deny me the grace which thou hast bid me ask? The holiness which thou lovest, without which I cannot love or serve thee, but shall serve thine Enemy, to my own destruction. O thou that hast sworn that thou hast no pleasure in the death of the wicked, but that he turn and live, have mercy upon me, and sanctifie this sinful, miserable Soul, that I may live in the fruitful and delightful exercise of thy grace, unto thy glory here, and may live in the delights of thy glorious love for evermore; through the merits and intercession of my blessed Saviour, who hath encouraged me with the Publican, to hang down this ashamed face, and smite upon this guilty breast, and in hope, thro' his name, to cry unto thee, God be merciful to me a sinner. *Amen, Amen.*

A Confession and Prayer for a penitent Sinner.

O Most great, most wise, and Gracious God ! tho thou hatest all the works of iniquity, and canst not be reconciled unto sin, yet through the mediation of thy blessed Son, with pity behold this miserable Sinner, who casteth himself down at the Footstool of thy Grace. Had I lived to those high and holy ends for which I was created and redeemed, I might now have come to thee with the boldness and confidence of a Child, in assurance of thy love and favour ; but I have played the fool and the rebel against thee, I have wilfully forgotten the God that made me, and the Saviour that redeemed me, and the endless glory which thou didst set before me ; I forgot the business which I was sent for into the world, and have lived as if I had been made for nothing but to pass a few days in fleshly pleasure, and pamper a carcass for the worms ; I wilfully forgot what it is to be a man who hath reason given him to rule his flesh, and to know his God, and to foresee his death, and the state of immortality ; and I made my reason a servant to my senses, and lived too like the Beasts that perish. O the precious time which I have lost, which all the world

world, cannot call back. O the calls of grace, which I have neglected; and the teachings of God which I have resisted; the wonderful love which I unthankfully rejected, and the manifold mercies which I have abused and turned into wantonness and sin. How deep is the guilt which I have contracted? And how great are the comforts which I have lost? I might have lived all this while in the love of thee, my Gracious God, and in the delights of thy holy word and ways; in the daily sweet foresight of Heaven, and in the joy of the Holy Ghost, if I would have been ruled by thy righteous Laws; but I have hearkened to the flesh, and to this wicked and deceitful world, and have preferred a short and sinful life, before thy love and endless glory.

Alas! what have I been doing since I came into the world. Folly and Sin have taken up my time. I am ashamed to look back upon the years which I have spent, and to think of the temptations which I have yielded to. Alas! what trifles have enticed me from my God? How little have I had for the holy pleasures which I have lost? Like *Esau*, I have profanely sold my Birth-right for one morsel. To please my fancy, my appetite, and my lust, I have
set

set light by all the joys of Heaven. I have unkindly despised the goodness of my Maker, I have slighted the love and grace of my Redeemer, I have resisted thy holy Spirit, silenced my own Conscience, and grieved thy Ministers, and my most faithful Friends, and have brought my self into this woful case, wherein I am a shame and burden to my self; and God is my terror, who should be my only hope and joy. Thou knowest my secret sins, which are unknown to me. Thou knowest all their aggravations; my sins, O Lord, have found me out. My fears and sorrows overwhelm me. If I look behind me, I see my wickedness pursue my Soul, as an army, ready to overtake me and devour me. If I look before me, I see thy just and dreadful judgment, and I know that thou wilt not acquit the guilty. If I look within me, I see a dark defiled heart. If I look without me, I see a world still offering fresh temptations to deceive me. If I look above me, I see thine offended dreadful Majesty; and if I look beneath me, I see the place of endless torment, and the company with which I deserve to suffer. I am afraid to live and more afraid to die.

But when I look to thine abundant mercy, and to thy Son, and to thy Covenant,

I have hope. Thy goodness is equal to thy greatness. Thou art love it self, and thy mercy is over all thy works. So wonderfully hath thy Son condescended unto sinners, and done and suffered so much for their salvation, that if yet I should question thy willingness to forgive, I should but add to all my sins, by dishonouring that matchless mercy which thou dost design to glorifie. Yea, more, I find upon record in thy word, that through Christ thou hast made a covenant of Grace, an act of Oblivion, in which thou hast already conditionally, but freely pardoned all, granting them the forgiveness of all their sins, without any exception, whenever, by unfeigned faith and repentance, they turn to thee by Jesus Christ. And thy present mercy doth increase my hope, in that thou hast not cut me off, nor utterly left me to the hardness of my heart, but shewest me my sin and danger before I am past remedy.

O therefore behold this prostrate Sinner, which with the Publican smiteth on his Breast, and is ashamed to look up towards Heaven. O God, be merciful to me a Sinner. I confess, not only my original Sin, but the Follies and Fury of my Youth, my manifold Sins of Ignorance and Knowledge, of Negligence and Wilfulness, of Omission
and

and Commission, against the Law of Nature and against the Grace and Gospel of thy Son: Forgive and save me, O my God, for thy abundant Mercy, and for the Sacrifice and Merit of thy Son, and for the Promise of Forgiveness which thou hast made through him, for in these alone is all my Trust. Condemn me not, who condemn my self. O thou that hast opened so precious a Fountain for Sin, and for Uncleanneſs, waſh me thoroughly from my Wickedneſs, and cleanſe me from my Sin. Though thy Juſtice might ſend me preſently to Hell, let thy Mercy triumph in my Salvation. Thou haſt no Pleaſure in the Death of Sinners, but rather that they repent and live; if my Repentance be not ſuch as thou requireſt, O ſoften this hardened flinty Heart, and give me Repentance unto Life. Turn me to thy ſelf, O God of my Salvation, and cauſe thy Face to ſhine upon me. Create in me a clean Heart, and renew a right Spirit within me. Meet not this poor returning Prodigal in thy Warth, but with the Embrace-ments of thy tender Mercies. Caſt me not away from thy Preſence, and ſentence me not to depart from thee with the Workers of Iniquity. Thou who didſt patiently endure me when I deſpised thee, reſuſe me not now I ſeek unto

unto thee, and here in the dust implore thy mercy. Thou didst convert and pardon a wicked *Manasseh*, and a persecuting *Saul*, and there are multitudes in Heaven who were once thine enemies; glorifie also thy super-abounding Grace, in the forgiveness of my abounding sins.

I ask not for liberty to sin again, but for deliverance from this sinning nature. O give me the renewing spirit of thy Son, which may sanctifie all the powers of my Soul. Let me have the new and heavenly birth and nature, and the spirit of adoption, to reform me to thine image, that I may be holy, as thou art holy. Illuminate me with the saving knowledge of thy Self, and thy Son Jesus Christ. O fill me with thy Love, that my heart may be wholly set upon thee, and the remembrance of thee may be my chief delight. Let the freest and sweetest of my thoughts run after thee, and the freest and sweetest of my discourse be of thee, and of thy glory and kingdom, and of thy word and ways. O let my treasure be laid up in Heaven, and there let me daily and delightfully converse. Make it the great and daily business of my devoted soul, to please thee, and to honour thee, to promote thy kingdom, and to do thy will. Put thy fear into my heart,

heart, that I may never depart from thee, this World hath had too much of my heart already. Let it now be crucified to me, and do it by the Cross of Christ. Let me not love it, nor the things which are therein; but having food and raiment, cause me therewith to be content. Destroy in me all fleshly Lusts, that I may not walk after the flesh, but after the spirit. Keep me from the snares of wicked company, and from the counsel and ways of the ungodly. Bless me with the helpful communion of the Saints, and with all the means which thou hast appointed to further our sanctification and salvation. O that my ways were so directed, that I might keep thy statutes. Let me never return again to folly, nor forget the covenant of my God. Help me to quench the first motions of sin, and to abhor all sinful desires and thoughts; and let thy spirit strengthen me against all temptations, that I may conquer, and endure to the end. Prepare me for sufferings, and for death and judgment, that when I must leave this sinful world, I may yield up my departing soul with joy, into the faithful hands of my dear Redeemer, that I be not numbered with the ungodly, who died in their unpardoned sin, and pass into everlasting misery;

misery; but may be found in Christ, having the righteousness which is of God, by faith, and may attain to the resurrection of the Just; that so the remembrance of the sin and miseries from which thou hast delivered me, my further may perpetual thanks and praises to thee may Creator, my Redeemer, and my Sanctifier.

And O that thou wouldest call and convert the miserable nations of Idolaters and Infidels, and the multitudes of ungodly Hypocrites, who have the Name of Christians, and not the Truth, and Power, and Life! O send forth Labourers into thy Harvest, and let not Satan hinder them; prosper thy Gospel, and the Kingdom of thy Son, that Sinners may more abundantly be converted to thee, and this Earth may be made like unto Heaven; that when thou hast gathered us all into Unity in Christ, we may all, with perfect Love and Joy, ascribe to thee the Kingdom, the Power, and the Glory, for ever and ever. *Amen.*

A Form of Praise and Prayer for the Lord's Day.

GLorious Jehovah! while Angels and perfected Spirits are praising thee, in Presence of thy Glory, thou hast allowed and commanded us to take our Part in the Presence of thy Grace: We have the same most holy God to praise, and though we see thee not, our Head and Saviour seeth thee, and our Faith discerneth thee in the Glass of thy holy Works and Word. Though we are Sinners and unworthy, and cannot touch these holy Things without the Marks of our Pollution, yet have we a great High Priest with thee, who was separated from Sinners, holy, harmless and undefiled, who appeareth for us in the Merits of his spotless Life and Sacrifice, and by whose Hands only we dare presume to present a Sacrifice to the most holy God. And thou hast ordained this Day of holy Rest, as a Type and Means of that heavenly Rest, with thy triumphant Church, to which we aspire, and for which we hope. Thou didst accept their lower Praise on Earth, before they celebrated thy Praise in Glory: Accept ours also by the same Mediator.

Glory be to thee, O God, in the highest, on Earth Peace, Good Will towards Men; Holy, holy, holy Lord God Almighty, who wast, and art, and art to come: Eternal, without Beginning or End; Immense, without all Bounds and Measure; the infinite Spirit, Father, Word, and Holy Ghost, the infinite Life, Understanding and Will, infinitely Powerful, Wise and Good, of thee and through thee, and to thee are all Things, to thee be Glory for evermore. All thy Works declare thy Glory, for thy glorious Perfections appear on all, and for thy Glory, and the Pleasure of thy holy Will, didst thou create them; the Heavens and all the Hosts thereof; the Sun and all the glorious Stars; the Fire with its Motion, Light and Heat; the Earth, and all that dwell thereon, with all its sweet and beauteous Ornaments; the Air and all the Meteors; the great Deeps and all that swim therein; all are the Preachers of thy Praise, and shew forth the great Creator's Glory. How great is that Power which made so great a World of nothing, which with wonderful swiftness moveth those great and glorious Luminaries, which in a Moment send forth the Influences of their Motion, Light and Heat, through all the Air, to Sea and Earth; thy powerful
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Life giveth Life to all, and preserveth this Frame of Nature which thou hast made. How glorious is that Wisdom which ordereth all Things, and assigneth to all their Place and Office, and by its perfect Laws maintaineth the Beauty and Harmony of all! How glorious is that Goodness and Love which made all good, and very good!

We praise and glorifie thee our Lord and Owner, for we and all Things are thine own; we praise and glorifie thee our King and Ruler, for we are thy Subjects, and our perfect Obedience is thy due; just are all thy Laws and Judgments, true and sure is all thy Word: We praise and glorifie thee our great Benefactor, in thee we live, and move, and are; all that we are or have, or can do, is wholly from thee, the cause of all; and all is for thee, for thou art our end: Delightfully to love thee is our greatest Duty and our only Felicity, for thou art Love it self and infinitely amiable.

When Man by Sin did turn away his Heart from thee, believed the Tempter against thy Truth, obey'd his Sense against thy Authority and Wisdom, and forsaking thy fatherly Love and Goodness, became an Idol to himself, thou didst not use him according to his Desert; when we forsook thee

thee, thou didst not utterly forsake us : when we had lost our selves, and by Sin became thine Enemies, condemned by thy Laws, thy Mercy pitied us, and gave us the Promise of a Redeemer, who in the Fulness of Time did assume our Nature, fulfilled thy Law, and suffer'd for our Sins, and conquering Death, did rise again, ascended to Heaven, and is our glorified Head and Intercessor ; him hast thou exalted to be a Prince and Saviour, to give us Repentance and Remission of Sins ; in him thou hast given Pardon and Justification, Reconciliation and Adoption by a Covenant of Grace to every penitent Believer. Of Enemies, and the Heirs of Death, thou hast made us Sons and Heirs of Life.

We are the Brands, whom thou hast pluckt out of the Fire ; we are the Captives of Satan, whom thou hast redeemed ; we are the condemned Sinners, whom thou hast pardoned ; we praise thee, we glorifie thee, our merciful God and gracious Redeemer : Our Souls have now Refuge from thy revenging Wrath, thy Promise is sure ; Satan, and the World, and Death, are overcome ; our Lord is risen, he is risen, and we shall rise through him. O Death ! where is thy Sting ? O Grave ! where is thy Victory ? Our Saviour is ascended to his

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Father, and our Father, to his God, and our God, and we shall ascend, to his Hands we may commit our departing Souls; our Head is glorified, and it is his Will and Promise that we shall be with him where he is to see his Glory; he hath sealed us thereunto by his holy Spirit; we were dead in Sins, and he hath quickned us; we were dark in Ignorance, and Unbelief, and he hath enlightned us; we were unholly and carnal, sold under Sin, and he hath sanctified our Wills and killed our Concupiscence; and praise and glorifie this Spirit of Life with the Father and the Son, from whom he is sent to be Life, and Light, and Love, to our dead and dark, and disaffected Souls; we are created and redeemed, and sanctified for thy holy Love, and Praise and Service. O let these be the very Nature of our Souls, and the Employment and Pleasure of all our Lives. O perfect thy weak and languid Graces in us, that our Love and Praise may be more perfect: We thank thee for thy Word and Sacred Ordinances; for the Comfort of thy holy Assemblies, and Communion of the Saints, and for the Mercy of these thy holy Days. But let not thy Praise be here confined, but be our daily Life, and Breath, and Work.

Fain we would praise thee with more holy and more joyful Souls ; but how can we do it with so weak a Faith , and so great Darknes and Strangeness to thee, with so little Assurance of thy Favour, and our Salvation ? Can we rightly thank thee for the Grace which we are still in doubt of ? Fain we would be like to those blessed Souls, who praise thee without our Fears and Dulness. But how can it be while we love thee so little, and have so little taste and feeling of thy Love, and whilst this Load of Sin doth press us down, and we are imprison'd in the Remnant of our carnal Affections ? O kill this Pride and Selfishness, these Lusts and Passions. Destroy this Unbelief and Darknes, and all our Sins, which are the Enemies of us, and of thy Praise. Make us more holy and more heavenly ; and O bring us nearer thee in Faith and Love, that we may be more suitable to the heavenly Imployment of thy Praise.

Vouchsafe more of thy Spirit to all thy Churches and Servants in the World, that as their Darknes and Selfishness, and Imperfections have defiled and divided and weakned them, and made them a Scandal and hardning to Infidels ; so their Knowledge, Self - Denial, and impartial Love, may truly reform, unite and strengthen them,

them, that the Glory of their Holiness may win the unbelieving World to Christ. O let not Satan keep up still so large a Kingdom of Tyranny, Ignorance, and Wickedness in the Earth, and make this World as the Suburbs of Hell: But let the Earth be more conformable to Heaven, in the glorifying of thy holy Name, the advancing of thy Kingdom, and the doing of thy just and holy Will: Let thy Way be known upon Earth, and thy saving Health among all Nations. Let the People praise thee, O God, let all the People praise thee: Yea, give thy Son the Heathen for his Inheritance, and let his Gospel enlighten the dark forsaken Nations of the Earth. Let every Knee bow to him, and every Tongue confess, that he is Christ, to their Salvation and thy Glory. Provide and send forth the Messengers of thy Grace through all the Earth. Deliver all the Churches from Sin, Division, and Oppression. Let thy holy Word and Worship continue in these Kingdoms whilst this World endureth. Bless the Queen, and all in Authority, with all that Wisdom, Justice, and Holiness, which are needful to her own and her Subjects Safety, Peace and Welfare. Let every Congregation among us have burning and shining Lights, that the Ignorant and

ungodly perish not for want of Teaching and Exhortation, and open Mens Hearts to receive thy Word, and cause them to know the Day of their Visitation. Be merciful to the afflicted, in Sickness, Dangers, Wants, or Sorrows, according to thy Goodness and their Necessities. Let all the Prayers and Praises of the Faithful, throughout the World, sent up this Day in the Name of our common Mediator, by him be presented acceptable unto thee, notwithstanding the Imperfections and Blemishes that are on them, and the Censures, Divisions, and Injuries, which in their Frowardness they are guilty of against each other. Let them center as one in Christ our Head, who are too sadly and stiffly distant among themselves. Prepare us for all that World of Peace, where the Harmony of the universal Love and Praise shall never be interrupted by Sins, or Grief, or Fears, or Discord; but shall be everlastingly perfect, to our Joy, and to thy Glory; through our glorified Mediator, who hath taught us when we pray, to say,

Our Father, which art in Heaven: Hallowed be thy Name: thy Kingdon come: thy Will be done on Earth as it is in Heaven: Give us this Day our daily Bread: and forgive us our Trespases, as we forgive them
that

that trespass against us; and lead us not into Temptation, but deliver us from Evil; for thine is the Kingdom, the Power, and the Glory, for ever and ever. Amen.

The unconverted Sinner's Prayer for a full Conviction of the dangerous State he is in.

Great, Gracious, and most Righteous Lord God! blessed for ever be thine unspeakable Mercy, that desirest not the Death of the worst of Sinners, that turn unto thee to live for ever. O thou that of Persecutors madest glorious Martyrs, of an Adulteress madest an humble Penitent; O shew forth thy Long-suffering, Patience, and Forbearance upon me: Deliver me from all my Sins, from thy Wrath to come, and that Eternal Judgment that ends in Hell, with Devils and damned Impenitents. Leave me not in the State of Devils, without hope of Pardon. O pardon that great Sin of setting more by Meat and Drink, and beastly Pleasures, than by thee the God that made me a rational Creature, that slighted endless Glory, that took more

Care of an earthly Tabernacle, than an immortal Soul ; that took more Care to avoid Shame, Poverty, and Sicknes, than to avoid everlasting Shame, Pain, and Horror in Hell. Blessed be the Lord, that will not leave such Sinners as my self to dye in their Sins, but pluck such Fire-brands out of the Jaws of Hell, and give them to know the evil of Sin. O that I were once fit to taste and see how gracious the Lord is to Believers ; to them alone he is precious, the fairest of ten Thousand. O guide my Feet in those untrodden Paths, that lead to the Fountain of Living Waters, set open for Sinners to wash in, and be purged from their Filthiness. O give me Faith to see him whom my Sins have pierced. Give me the Grace and Spirit of Supplication to mourn after him, without which Grace, I have not, nor can have any Hope of Pardon ; for what Communion hath Darkness with Light ? O possess my Soul with this Belief, that without Holiness there can be no Happiness, without Sanctity no Salvation, nor without Heavenly-mindedness to Heaven. O be it so unto thy Servant, for his sake, that suffered for great, nay the greatest of Sinners, of whom I am the chief ; that I may live to praise thee, and

admire the Riches of thy immense and boundless Love to Eternity. *Amen.*

The Sea-man's Prayer.

Most great and powerful Lord God, whose Ways are in the deep Seas, and Paths in the deep Waters, and whose Footsteps are not known, yet sets the Bounds and Limits of the raging Sea, and sayest, Hitherto shalt thou go, and no farther, and raisest a Storm, and allayest it: Let thy good Providence keep me in the midst thereof; and though the Sea rageth and roareth, yet let thy everlasting Strength environ and surround me, so that I may be hid and be safe; and being safe, I may both with Heart and Soul sing forth his Praise, that hath been graciously pleased to preserve me amidst the Tempests of the raging Seas; but most of all, I earnestly desire thee that thou wouldest keep me from the roaring Rage of Sin and Satan: And as thou boundest the Sea, so bind up Satan, that he may not be able to do me any harm, that he may not tempt me to do any thing that may bring Dishonour to thy Name, either

ther by Distrust or otherwise. O let me discern much of thy self, O Lord, in the Depths, that I may bless thee in the Land of the Living. When Man's Wisdom and Power faileth, stand thou up, and deliver thy Servant; when the Billows and Storms are raging, do thou quell them; so shalt thou rejoyce the Soul of thy Servant, and at last bring me to the desired Haven for thy Son's sake; to whom be everlasting Strength ascribed for ever. *Amen.*

The Seaman's Prayer after a safe Voyage.

Most powerful Lord God, thou art the powerful Preserver of thy Creatures, thy Power is not limited, and thou art the same Yesterday, to Day, and for ever; thy Hand is not shortned, thou savest both by Sea and Land; thou that savest *Israel* of old, by bringing them thorough the Red Sea, thou hast preserved me amidst all the Billows of raging Waves of the immense Ocean; thou never failest those that trust in thee. O let thy Mercies engage me to praise thee, that I may

may cry out, Come, and I will tell you what the Lord has done for my Soul; and let this great Deliverance enjoin me to trust God for the future in the greatest of Straits. O help me to praise thee whilst I have any Being. O let my Soul praise thee for this experienc'd Mercy: Open my Mouth, Lord, and fill it with Praises, that I may sing unto the mighty God of *Jacob*, the Redeemer of *Israel*. O give me the Spirit of Praises, that I may extol the Name *Jehovah*. O Lord, help me to love thee more every Day, and admire that Love that thou hast shewn, and dost shew unto me every Day. O govern my Affections, Words, and Actions, and help me so to steer my Course, as that I may at length be brought to the Haven in *Canaan* for Christ's sake alone, the Strength of my Salvation and Hope. *Amen.*

A Prayer before the Communion.

O Glorious and Omnipotent God! behold I, an unworthy Wretch, am presuming to draw nigh thy Table, a Banquet of

of thine Appointment; I am approaching I say, but as the Patient to the Physician, as the Unclean to the Fountain of Mercy, as the Blind to the Light of eternal Brightness, as a poor Beggar to the King of Mercy, as the Naked to the Lord of Heaven and Earth. I beseech thee, out of the Abundance of thy Pity, to heal my Infirmary, to wash my Foulness, to enlighten my Darkness and Blindness, to enrich my Poverty, to cloath my Nakedness, that I may receive the Bread of Angels. O thou the King of Kings, and Lord of Lords, grant that I may receive thee with such Respect and Reverence, with such Contrition and Fear, with such Faith and Purity, with such a Purpose and Humility, as is expedient for my Soul.

Lord, notwithstanding mine Unworthiness give me not only the Sacrament, but the Vertue of the Sacrament; and grant me so to receive the Body and Blood of thy only Son, that I may be incorporated into the mystical Body, and be accounted as a Member of the same: Grant that whom I now receive, as it were covered with a Veil, I may one Day behold in Glory, who liveth and reigneth with thee, and thy holy Ghost, World without end. *Amen.*

A Thanksgiving after the Communion:

Blessed Jesus, Praise is due to thy self for that infallible Love of thine, that by thy Death didst redeem Mankind, I beseech thee suffer not that precious Body of thine to be broken, nor thy Blood to be shed for me in vain. O let thy blessed and sacred Body feed my Soul, and precious Blood quicken my Spirit; and by increasing from one Degree to another, I may become a fit Member of thy Church, which is thy mystical Body: And grant that I may never depart from it, nor break that League that I have been renewing at thy Table, but may continue therein, serving thee in Holiness and Righteousness all the Days of my Life, till I shall enjoy thy self fully to all Eternity in Heaven, where there shall be an End of these Things, and that for thy Name's sake. *Amen.*

Of the Christian's Daily Exercise.

Open thine Eyes, O Soul, and devote to blessed Jesus all the Thoughts of thy Soul. Suffer no worldly Thoughts to enter, till

till Jesus comes into thy Soul. The Mind of Man is never idle, it will be always active, either about God or the World, Christ or Vanity, Good or Evil; it is always busied in thinking, devising, pondering on somewhat or other. Therefore it is necessary, that first of all in the Morning, we set our Minds to the Meditation of divine and heavenly Objects. How will the Devil busie himself in injecting Multitudes of other Thoughts into your Minds, to divert your Minds from the sweet Meditation of God, if you give not God your waking Thoughts? Multitudes of Thoughts will run into your Minds, like People running to a Bull-baiting, or to see some strange Sight; but you must watch against them, and drive them away, as *Abraham* did the Fowls from his Sacrifice.

Lift up your Heart to God in a reverend Manner, and return Thanks for the rest of the Night past; that even in the Night you have received an apparent Evidence of his Love, and for your Sins committed the Day before, God might even in the dead of Sleep, have taken your Souls from you, and so have suddenly brought you to your Account; bless him, that it hath been his good Pleasure yet to spare you. And if God's Glory be precious to you, you will
or

or ought to begin every Day in this Manner, before you do any thing by offering to the Glory of God what you are about to do, setting before him premedately the Actions of the ensuing Day to this effect:

O my God ! whatsoever I shall this Day speak, or do, yea, whatsoever I shall think, I offer wholly to thee ; these Prayers, these Meditations, these Alms, these Devotions, this Fasting, these Works, these Actions, and these my Affairs, I dedicate and consecrate unto thee ; nor desire I any thing else than what I shall perform this Day may turn to thine Honour. Such Exercise as this, Christian, will draw thy Soul after thy Jesus, and direct thy Feet, that they slide not, nor run astray from the Paths of thy God ; it will refresh thee in thy Pilgrimage, sustain thee in thy Afflictions ; it will set thy Face towards *Sion*, and prevent thy turning either to the right-hand or left. In fine, it will cause thee to see, thro' Faith, that Recompence of Reward, held out by the Hand of thy God, for all those who in all Godliness of Conversation do hold out to the end, when in the Presence of sweet Jesus they will be crowned with immortal Glory.

*An Emblem of the Resurrection, drawn from
thy rising out of Bed.*

BELIEVE it, O Soul, that God Almighty can as easily raise thee out of the Grave, in the Resurrection from the Sleep and Bed of Death, as he hath awakened thee in thy Bed, and rais'd thee up in Health and Safety this Morning: When the Lord himself shall descend from Heaven with the Sound of a Trumpet, which shall be heard over all Parts of the World, and with this Trumpet shall be summoned all Nations to come to the general Judgment.

This is that fearful Voice whereof St. Hierom speaketh, saying, Whether I eat or drink, or whatsoever I do, I seem alway to hear that Voice, sounding in mine Ears, *Arise, ye Dead, and come to Judgment.*

O who shall appeal from this Summons! who shall be able to avoid this Judgment! whose Heart shall not quake and tremble at the Sound of this terrible Voice? This Voice shall take from Death all her Spoils, and cause her to restore again all that she hath taken from the World. The Sea shall give up the Dead which are in it, and Death, and Hell, deliver up the Dead which are in them.

Think

Think with thy self, O Christian, when thou art arising out of thy Bed, what a wonderful Sight that shall be to see the Sea and the Earth bring forth in all Parts, such Variety of Bodies, and to behold many huge Armies rising out of their Beds of Death and Darkness, and so many sorts of Diversities of Nations and People gathered and assembled together; to see the most mighty Princes, and most puissant Potentates of the Earth raised out of their Tombs, and appearing with another manner of Habit and Behaviour, with other kind of Thoughts much different from those in this Life.

Think then with thy self, that all the Children of *Adam* shall meet together, every one to give up an Account of his own Life, and so be judged according to his Works; yet shall there be a great Difference between the Just and the Unjust, at the Resurrection: some shall rise to everlasting Life and Glory, and some to Shame and everlasting Contempt.

Consider what a joyful Meeting the Souls and Bodies of the Just, at the general Resurrection, will have; with what Joy shall the Soul then embrace the Body, and as it were, say thus unto it, O my Body, and faithful Companion, that hast holpen me in obtaining this glorious Crown, that hast
so

so often fasted, watched, and prayed, that
 hast suffered with me the Necessities of
 Poverty, the Cross of Afflictions, the
 Reproaches and Contradictions of evil
 Tongues: How often hast thou stript thy
 Self of thine own Raiment, to cloath the
 Naked? How often hast thou denied thy
 self, renouncing thine own Right and Ti-
 tle, being unwilling to break Peace, and be
 at Variance with thy Neighbour? Where-
 fore it is meet, that thou shouldest now
 be Partaker with me, of this my Glory, as
 thou hast been my Companion in all my
 Labours and Sufferings. Think also with
 thy self, of the insufferable and grievous
 Meeting of the Souls and Bodies of the
 Wicked, at the Day of their Resurrection;
 the Soul of such an one shall then say to his
 vile Body, O cursed Body, the Cause of my
 Woe and Misery; now I take thee no more
 for my Companion, but mine Enemy;
 now art thou no more my Helper, but my
 Persecutor. O cursed Taste, how dearly
 now do I pay for thy Delicates and De-
 lights? O stinking Flesh, how have I, by
 yielding to thy Lust and Pleasures, plun-
 ged my self into these endless Torments?
 Is this the Body that scarce wou'd so much
 as touch the Ground, or endure the Wind
 to blow upon it, that Body which I spent so
 much

much Time in dressing and adorning it? Is this the Flesh which I so often glutted and pamper'd? Were these the Delights of this Body for which I cast away my self? Was it for this stinking Dunghil that I have lost for ever the Kingdom of Heaven? O ye infernal Furies, rise up against me and tear me in pieces, cursed be the Day of my unfortunate Birth, seeing, for a few short Pleasures, I must suffer everlasting Torments; from which dear God deliver us.

Of the Day of a Christian in general.

ANd now, O thou, panting Soul, whose Heart by this time thirsteth after the Water of Life, behold the Milk and Honey of thy Redeemer, which thou may'st have but for asking for: And why wilt thou not petition the King and Governour of Heaven and Earth for Meat and Drink to make thee live eternally, when thou art invited, wooed, and beseeched to come and take it without Money or Price. Oh let us not go without the Mercies of Heaven or want of asking; but rather enter into our Closets, and with humble and contrite Hearts,

Hearts, on bended Knees, and lifted-up Hands and Eyes, approach the Throne of Grace and implore the bless'd Jesus to relieve all our Wants both spiritual and temporal. Therefore above all Things it is good to retire our selves into our Closets, especially in the Morning, to pray and give Thanks unto the Lord of Hosts. There you may give Thanks unto God for all his Benefits received in general, and particularly for those you have received the Night past. But more especially when the Lord hath vouchsafed you any special and unexpected Favour. It doth not become you to look big, scorn every one to whom the Lord hath not open'd the Hand of this Bounty so wide as to your selves; but rather in an humble sence of your Unworthiness, and Admiration of God's Goodness, to retire your selves early, and pour out your Souls in all Humility and Chearfulness before him. So when the Lord hath given you special Testimonies of his Presence and Favour, and revealed his Love unto you more fully than ordinarily, it is fit time to enter your Closets, there privately and freely to open your Hearts to the Lord, and to confirm your Acquaintance with your Beloved; to endear your self unto Jesus Christ, and to cast your self into his Embracements. The Lord,

Lord, by the Prophet *Ezekiel*, speaking unto the Church of *Israel*, saith, I passed by thee, and thy Time was a Time of Love. So a Christian should be watchful to observe the Lord passing by, and presenting himself, and take notice of the Times of Love, and then it will be his Wisdom to spend some time in private Prayer, Meditation, and returning Thanks, and so to take his fill of Love. O, dear Christians, if we are frequent in this Course, we shall grow more inward and entire with our beloved Redeemer. For though our Saviour daily expresseth Love and Kindness to us, yet if we should shew our selves coy, unkind, and regardless of his Love, this were the Way to make him more strange unto us. And indeed, the Reason why we have no more Communion with our Lord, for the most part is, because we give him no better Entertainment when he cometh. Let us therefore seek the Lord in publick and private, by our selves, and with our Families; so shall we be preserv'd from the Temptations of Satan, bless'd by the Providence of Heaven, secured in the Enjoyments of all our honest gotten Effects, made contented with Afflictions as well as Mercies; and in fine, kept free from the Excess of the Passions of sinful and vexatious Minds.

A Prayer for a private Family.

O Lord, thou art a great and dreadful God, who hast made all Things by thy Power, and governest them by thy Providence, and in Jesus Christ thou art a good and gracious God, ready to pardon the Sins, supply the Wants, and save the Souls of them that sincerely seek and serve thee; fill our Hearts, we pray thee, with a holy Fear of thy Majesty, and a lively Hope of thy Mercy, that we may call upon thy great Name aright. We confess, O Lord, we are vile and sinful Creatures, the Children of rebellious Parents, who for their Disobedience were cast out of Paradise, in them we sinned and fell from that holy and happy State wherein they were created, into a State of Sin and Misery; and now our Nature's deprav'd, our Bodies and Souls in all their Parts and Powers defil'd, and our whole Lives stained with Sin, we are prone to Evil, and have no Power of our selves to do good. The Thoughts and Motions of our Hearts have been vain and vile; our Affections, Love, Desire, Delight, earthly and sensual, our Words and Actions idle or evil. We have neglected much Good we might have done, and have committed many Evils which we might and ought to have avoided.

We

We have more minded earth than heaven, the things of this world than the things of God; and take more care and pains for our vile and frail bodies, than for the salvation of our precious and immortal souls. We have not been so humble under thy judgments, so thankful for thy mercies, so fruitful under thy ordinances, as we ought to have been: When thou hast offer'd us mercy and salvation in the Gospel, calling us to repentance, that our sins might be forgiven, and commanding us to believe in thy Son, Jesus Christ, that our souls might be saved, we have been loth to leave our sins for a Saviour, and to give up our selves to him, who freely gave up himself for us, that through his death we might obtain life eternal; and, O Lord, seeing we have so long lived in sin, we have cause to wonder, that thou hast not thrown us into hell, there to endure thy wrath, which we have deserved, and the pains of the damned to eternity.

But now, O Lord, behold we are heartily grieved for our sins, and do, through thy grace, resolve to lead new lives: We give our selves up wholly to our Lord and Saviour Jesus Christ, and rest upon him alone for our salvation; for his sake, we most humbly and earnestly beseech thee,

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to

to forgive our Sins, and save our Souls; and that we may serve thee acceptably for the time to come, enlighten our Minds in the knowledge of thy Truth, renew our Natures, and replenish our Hearts with the graces and comforts of thy Spirit, and grant that we may frame the whole Course of our Lives according to thy Commandments; and seeing Liars, and Swearers, and Murtherers, and Whoremongers, and all wicked Men shall be cast into Hell-fire; and neither Thieves, nor Covetous, nor Drunkards, nor Revellers, nor Extortioners, shall inherit the Kingdom of God; grant that we may keep our selves pure from these Sins, and all those Iniquities which will ruin our Souls.

Prepare us for all Conditions of Life; make us patient in Afflictions, peaceable under Provocations, and contented in Wants. Let not the Cares of this Life deprive us of the Comforts of thy Love; grant us always a Sufficiency of all good Things, and Grace to abound in all good Works. Make us to persevere in the Paths of holy Obedience, to the Death, and then receive us into the Joys of Eternal Life.

Bless, preserve, and keep thy whole Church, and enlarge thy Son's Kingdom: Bless the Land wherein we live, turn away thy Judgment from us, and continue thy
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Mercies to us. Bless our gracious Queen, our Magistrates and Ministers ; grant that Religion and Righteousness may be duly exercised, and the Inhabitants of the Land enjoy Plenty and Peace: Pity and Comfort all those that are afflicted in Body or Mind ; bless our Christian Friends and dear Relations ; grant them Health and Grace, with the Comforts of this Life, and at length the Joys of Life Eternal. Bless our Enemies, and do them good, who have either design'd or done us any hurt ; save them, O God, from Sin and Hell. Bless every Soul of this Family, and preserve us to Eternal Life in Heaven.

Blessed be thy Name, O God, for all thy Blessings, both Temporal and Spiritual, which thou hast bestowed upon us : We bless thee for our Health and Strength, for thy Protection of us, and Provision for us to this present time ; we bless thee for sending thy Son to be our Saviour, and thy Spirit to be our Sanctifier and Comforter. We bless thee for the Means of Grace, and Hope of Glory. O continue thy Blessings to us, and encrease our Thankfulness and Obedience to thee.

In the Morning.

We bless thee for keeping us this night past, and day present hitherto. Now take us, O Lord, into thy protection; guide, bless and keep us from sin and danger; grant we may always so demean our selves, as in thy sight and presence, that at the last day we may give up our accompts with Joy. Hear, and answer us for the Lord Jesus Christ's sake, in whose Name and Words we further pray unto thee, saying,

Our Father, &c.

At Night.

We bless thee for the blessings of the day past, that through thy goodness we have not wanted any good thing. Pardon the sins we have this day committed, and be fully reconciled to us in Christ; take us into thy tuition this following night; refresh us with quiet rest and sleep, and raise us up the ensuing Day, if thou shalt in mercy add it to our lives, to serve thee with diligence in the discharge of the duties of our places, to thy praise, and our comfort and salvation; through Jesus Christ our only Lord and Saviour, to whom, with thy self, and holy spirit, be all honour, praise and glory, now and evermore. *Amen.*

A Prayer for a particular Person.

O Most holy and glorious Lord God, I thy poor creature, and unworthy servant, do here humbly present my self before thy glorious Majesty, in the Name and Mediation of thy dear Son, Jesus Christ, in him behold me with a gracious Eye.

Thou, O Lord, art my Creator and Preserver, in thee I live, move, and have a being: O make me a new creature, holy in heart and life, that in thee I may be happy and blessed for ever. O Lord, I confess I was conceived and born in sin, and I have too long liv'd in sin; I have broken thy holy laws in thoughts, words and deed, and I have by my sins deserved thy wrath, and hell-fire; but behold, O Lord, I am heartily sorry for my sins, and do seriously resolve to lead a new life; pardon, I beseech thee, my past offences, and purifie my heart by thy grace, that I may honour thee for the time to come, by a better obedience. O keep me from that sin to which I am most inclined, and quicken me to every good duty: Give me a lively faith in Christ, hope in thy mercy, and charity to all men. Grant that by temperance, sobriety, chastity, meekness and humility in all my deportments, I may honour Christ,

and adorn the Gospel. Make me faithful to the Death, that I may receive from the Hand of Christ a Crown of Eternal Life.

Do good on them that are good ; shew Mercy on them that are in Misery : Bless my Friends and Relations, my Parents, Brethren, and Sisters ; give them Health and Happiness here and in Heaven.

And now, O Lord, I heartily bless thy holy Name for all thy Blessings ; for my health and strength, food and raiment, life and liberty, especially for the hopes thou givest me of eternal life, and happiness in heaven. O continue thy mercies to me, and give me grace, in the sense of thy goodness, to live to thy glory.

In the Morning.

Blessed be thy Name, O God, thou hast kept me in safety this last night, whereas thou mightest have cut me off in my sins, and cast me out into everlasting darkness ; now guide and keep me this day in thy fear, that whatever I do may be pleasing in thy sight, and prosperous through thy blessing : Grant I may live this day as if it were my last. Grant I may so spend that little time I have to live on earth, that in the end I may enter into a blessed eternity in heaven, through Jesus Christ my blessed Lord
and

and Saviour, to whom, with thy self and sacred Spirit be all honour and glory, praise and thanksgiving, now and for ever. *Amen.*

At Night.

Blessed be thy Name, O God, for the blessings of the day past. Tho' I have forgotten thee, and done evil in thy sight, thou hast still remembred me, and done me good. O pardon my sins, and continue thy goodness. Keep me in safety this night under the shadow of thy wings, and raise me up refreshed with moderate rest and sleep, to a diligent discharge of the Duties of the ensuing day; grant that I may faithfully serve thee all the days of my life, and in the end, be blessed in the enjoyment of thee for ever, thro' Jesus Christ my blessed Lord and only Saviour, to whom, with thee, O Father, and the holy Spirit, be all honour, praise, and glory, now and for ever. *Amen.*

A preparatory Prayer for Death, when it is expected.

O Eternal Lord God, who hast created the World, and all time, and who hast made my days as it were a span long, and mine age as nothing in respect of thee;
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teach me so to number my days that I may apply my heart to thy heavenly wisdom, and may so carefully imploy this short time, which thou hast appointed me to spend here; so make up my reckonings, before thou callest me from hence, that I may then give such an account of the talent which thou hast intrusted me, that I may receive the joyful sentence, Well done good and faithful servant.

Blessed be thy holy Name, O Lord, my God, who hast shewed me the light of thy countenance, and caused me to see thy goodness in the land of the living, who hast preserved me in all my ways, and delivered me from many evils and dangers: O Lord, forsake me not in the vanishing of my days, but still continue the protection of thy gracious hand upon me. Be thou my light and defence, my guide and guard, through the valley of misery and tears, and the shadow of death, to that holy hill, where thine honour, and our rest dwelleth: give me grace to remember the many days of darkness, that I may be ready and provided whensoever thou shalt call me to judgment; and whether I live or die, I commend myself to thy mercy and goodness, beseeching thee to receive me under thy wings, where

where I may rest secure from all Evil, and to preserve my Soul in perpetual Peace and Safety. Grant that I may be provided with Oyl in my Lamp, and ready to enter in with the wise Virgins whensoever the Bridegroom shall come, and may receive a Blessing among those which watch and wait for thy coming: so come, Lord Jesus, come quickly. *Amen.*

A Seaman's Thanksgiving after a Deliverance in a Storm or Shipwrack.

O Eternal and incomprehensible Being, who hast been a gracious Father to me in my Childhood, and middle Age, as well as now in my elder Years, how great cause have I to trust in thee continually, and to celebrate thy Praise to future Generations? Day unto Day, and Night unto Night teacheth Knowledge; thy Mercies, O Lord, are renewed to me every Morning, and thy Providences are circular, and without an end. Oh that Men would praise the Lord for his Goodness, and for his wonderful Works to the Children of Men.

O Lord! thou art not only the God of the mountains, and of the vallies of the earth; but of the Rivers and Seas also, and hast been mercifully present to deliver and preserve thy servant, as thou didst King *David* and *St. Paul*, in perils of land, and perils of water, else had I sunk down into the deep waters; yea, the floods had gone over my head and soul, as well as in this danger they fearfully washt my body and cloaths. If every lesser mercy, O Lord, call for a tribute of praise, how much more such as this, which are thy so sudden and opportune reprieves from death, since it is a truth, altho' spoken by the Father of lyes, skin for skin, and all that a man hath will he give for his life. Wherefore, since our lives preservation is the greatest corporal mercy, open thou my lips, O Lord, and my mouth shall shew forth thy praise. *Amen.*

A Prayer before the Communion.

GRACIOUS Redeemer, who out of thy pierc'd sides, openedst to all that thirst for thy grace a double fountain for sin and uncleanness, the one of water, the other of blood; the one as it were to purge the guilt, the other the filth of sin, and hast
seal-

sealed these inestimable benefits of sanctification and redemption unto all believers, by the sacrament of baptism, and of the holy supper, assist me by thy spirit in the sanctified use of these holy mysteries, and symbols of thy most blessed body and blood. Most loving and bountiful Lord, who hast prepared such a table for me, give me a mouth and stomach accordingly, that I may worthily receive these heavenly dainties, to the glory of thy infinite goodness, and the everlasting comfort of my soul. Clear the eyes of my understanding from all mists of heretical fancies, and carnal imaginations, that I may rightly distinguish the signs from the things signified by them, and also discern thy body from a common meal; sharpen my appetite that I may hungrily feed on this bread, of which whosoever eateth shall never hunger and thirst; drink of this cup, of which whosoever drinketh shall never thirst. O thou the true food of my soul, receive me who am now to receive thee. Quicken me with thy spirit, who wilt feed me with thy flesh; vouchsafe me thy grace, who communicatest to me thy nature, that as in and by these holy mysteries, I receive life from thee, so I may also receive by them grace to live to thee, not seeking mine own pleasure,

sure, not doing mine own will, but devoting the remainder of my life to thy service, and yielding my self wholly to the power of thy sanctifying grace, to work in me always that which is pleasing in thy sight. *Amen.*

A Thanksgiving after the receiving the Sacrament.

I Yield unto thee, O most gracious and ever living Lord, the greatest thanks that my heart can conceive, or tongue express, for this inestimable favour, that thou vouchsafest to bid me to thine own table, and there hast feasted my soul with the true Manna that came down from Heaven, the food of Angels, thine own body and blood. Oh knit my heart and affections for ever unto thee, who hast substantially and inseparably united thy self unto mankind, by taking flesh from us in thine incarnation, and giving us thy flesh in this sacred institution. What shall be able to separate me from thee, or from thy members, who by thy spirit, and the virtue of this sacrament, am truly incorporated into thee, and made a member of thy mystical body? How can I question thy love, who hast given me this pledge of thy favour? how can I forget

get thy bitter death, and passion, whereof thou hast instituted so lively a memorial? how can I doubt of thy promises, whereof thou hast given me such a seal? how shall I distrust my future inheritance, whereof thou hast given this earnest! I steadfastly believe thou wilt deny me no good thing, who hast given me thy self. I believe I shall live eternally and blessedly, because by Faith working in and through thy Sacrament, I receive the Food of Immortality. I am truly made partaker of thy natural, yea, and a lively part of thy mystical Body; and sith the Head reigneth in eternal Glory, the Members must needs participate of glorious Eternity. What shall I offer thee for all these so singular Benefits? My Body is vile, my Soul sinful and worse than nothing, in respect of thy glorious and sacred Flesh and Blood. One Drop of thy Blood is more to be valued than a thousand Worlds, which yet to testifie the abundance of thy Love, thou pourest out, and offered'st plentifully for me upon the Cross, and now affordest to me in the Cup. Shall I not spend my dearest Heart's Blood in thy Service, who hast shed thine for me? Shall I not willingly seal thy Truth, if need be, with my Blood, who have now received the Pardon of all my Sins signed with it?

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What shall I render unto thee for all thy loving and great mercies? I will take this cup of salvation, and will not refuse the cup of affliction for thy sake; by the help of thy grace I will more strictly keep my holy vows, which I have heretofore made, and now renew. I will seek to carry myself as a fit guest to so holy a Table: having eat Angels Meat, I will endeavour to lead an Angel's Life: having supped with thee, I will rest with thee, and have my conversation in Heaven, and dwell with thee for ever. *Amen.*

A Paraphrase on the Lord's Prayer.

O Merciful Lord God, who hast vouchsafed to adopt and receive us, thy unworthy creatures, into the number of thy children and heirs of thy kingdom, we beseech thee grant us the assistance of thy grace, that we may reverently worship thee, diligently serve thee, and readily and cheerfully obey thy holy will here on earth, even as those blessed spirits do in heaven. And whereas, by reason of our many weaknesses and frailties, we are often hindered, and always negligent in the performance of these duties, we beseech thee

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continually to relieve and supply us with all spiritual and temporal necessities for our help and furtherance in thy service. And in whatsoever we have hitherto been wanting, or have otherwise transgressed thy holy will, we beseech thee mercifully pass by and pardon it, even as we our selves do heartily and sincerely forgive all those who have wronged or offended us. And that we may not, for the future, fall again in the like sin, we beseech thee graciously to assist and preserve us in all temptations, and powerfully defend and deliver us from all the assaults of our daily enemies, the world, the flesh and the devil. For thou, O Lord, art the supream King, thou art able to do all things, and to thee is due the honour and glory of all, both in this world, and that which is to come. *Amen.*

And thus the very excellency of the Prayer it self, both for the matter and method, besides the dignity and veneration of the Author, may sufficiently commend it to our daily use.

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A Prayer for one troubled and afflicted for Sin.

O Most merciful God, which by the sending of thy Son into the World, hast brought to pass, that where Sin abounds there Grace aboundeth much more; I, forlorn Wretch, disquieted in Mind and afflicted in Conscience, for fear of thy Judgments upon my Sin, do with bended Knees and Tears unfeignedly, as a most humble Suppliant, beg and crave of thee some Succour and Relief: Open, oh open the Gates of thy Mercy to the Greatness of my Miseries; my abject Countenance witnesses my distressed Mind, my Spirit is sorrowful, my Heart is heavy, my Words are stopped with Sighs, and my Plants are water'd with Tears: to thee I hold up my Hands, to thee I lift up my Heart, to thee I pray, requiring of thee Mercy. O Lord, what shall I desire of thee, that deserve nothing at thy Hands? What can I hope for, that am even heartless: Lord! if thou hadst said, Shall not my Soul be avenged on such a one as this? remember thy Promise; elsewhere, I will have Mercy on him that could find no Mercy, and let it light upon me; if Satan presume, God hath forsaken him, think upon the Decree for the Seed of the Woman, and the Power of thy Son's Passion,

sion, defeat all the devices of the Devil against me. O Lord, hear me speedily; if thou do not, then I am out of hope, my conscience accuseth me, my memory gives evidence against me, and my reason condemneth me; my spirit is weary of this bondage, and I have bid my life farewell; my conscience is clogged when I behold the bloody wounds of my soul, the voice of joy and mirth is gone from me; I am deepl, plunged in discomfort, I have neither worth to appease thy wrath, nor patience to indure thy indignation. I pray thee therefore send the comfort of thy holy spirit into my heart, and strengthen my faith, that I be not swallowed up with overmuch heaviness: O Lord, let thy Majesty appear in thy mercy, forgive my sins, the unhappy ground of all this woe: and I am recovered of all mine infirmities; try not the law with me, least I come to judgment; sanctifie all those good means unto me wherein I seek relief, as prayer, conference, reading, and hearing of thy holy Word; moderate and mitigate my vexation, encrease my faith, establish hope, grant patience, and keep me from despair; take away this cup from me, if it be thy will, if not, suffer me not to be tempted above my strength. I have an humble and contrite heart,

heart, O Lord, look upon me, I go mourning all the day long, and am like unto him that is at the point to die, O Lord, comfort me; thou that wilt not break a bruised reed, spare me; thou that delightest not in the death of a sinner, revive me; though my heart condemn me, yet, good Lord, thou that art greater than my heart acquit me; relieve me, release me, and say unto my soul, I am thy salvation: hearken, Lord, unto my prayer, and grant me my request, for Jesus Christ his sake. *Amen.*

A Prayer when a Woman is near the Time of her Travail.

O God, the Helper and Deliverer of all those who trust in thee, by whose power I was form'd in my mother's womb, by whose care I was brought from thence, and by whose merciful kindness I have been preserved from many dangers since; I praise and magnifie thy great and glorious Name, and am encouraged by the remembrance of thy mercies, which have been ever of old, to implore thy compassionate help in the approaching time of my need, pain, and danger. Thou art present to all thy creatures, and hearest the cries of all the beasts of the earth, which all wait up-

on thee, oh be not far from me when trouble is near; but hearken unto me and save me when I call upon thee, shorten my pains, or lengthen my patience, which thou pleasest; bear up my spirit in submission to thy will, and in some humble hope, that I shall forget my anguish, for joy that a man is born into the world: forsake not the work of thine own hand, but in due time perfect it, and bring forth that which thou hast wrought in secret into the light, that we may all see the wonders of thy wisdom, and praise thy goodness and thy power. My Parents trusted in thee, they trusted and thou didst deliver them; they cry'd unto thee, and were deliver'd; they cry'd unto thee, and were not confounded: in thee likewise do I humbly put my trust and confidence, which nothing disheartens but my own unworthiness, by reason of my forgetfulness of thy Benefits, and unthankful return for former Mercies bestow'd upon me. But thou hast taken care that this shall not discourage me neither, by proclaiming a gracious pardon by him that was born of a Woman, and died for us, unto contrite and reformed sinners, accept, I beseech thee, of my Sincere resolution, to preserve hereafter a more affectionate remembrance of thy love to me, and
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so dedicate my self and all I have to thy service, in faith and charity, in holiness with sobriety. Or if thou art pleased otherwise to dispose of me, I resign my self heartily unto thee: Lord, receive me to a better life, where all sighing and sorrow shall be done away, and eternal joy entirely possess our hearts, for Christ Jesus his sake. *Amen.*

A Thanksgiving after a Woman's Delivery.

Let my soul magnifie thee, O God, and let the spirit of thy hand-maid rejoyce in thy Mercies, and let neither former sins, or present unthankfulness, hinder the addition of farther favours; encrease my thanks towards thee, and thy mercies towards me. Go on, O dear God, to compleat and perfect that deliverance thou hast happily begun. As thou hast delivered thy servant from the present danger of child-birth, so preserve me still, and deliver me from the remaining dangers of child-birth; be gracious and merciful to the Infant, and grant it continuance of life and health, encrease in grace and strength, and all good abilities; make it a member of thy Church by baptism, vouchsafe it a vertuous and religious education, preserve it under the shadow of thy wings,
that

that by life and death it may be evermore
thine. *Amen.*

A Prayer for a Person alone.

O Merciful Father, for Jesus Christ his
sake, I beseech thee forgive me all
my known and secret sins, which in thought,
word or deed, I have committed against
thy divine Majesty; and deliver me from
all those judgments which are due unto me
for them, and sanctifie my heart with thy
holy spirit, that I may henceforth lead a
more godly and religious life: And here,
O Lord, I praise thy holy Name, for that
thou hast refreshed me this night with mo-
derate sleep and rest. And I beseech thee
to defend me this day from all perils and
dangers of body and soul, and to this end,
I commend my self, and all my actions, un-
to thy blessed protection and government!
beseeching thee, that whether I live or die,
I may live and die to thy glory, and the
salvation of my poor soul, which thou hast
bought with thy precious Blood. Bless me,
O Lord, in my going out, and coming in;
and grant whatsoever I shall think, speak,
or take in hand this day, may tend to the
glory of thy Name, the good of others, and
the comfort of my own conscience, when
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I shall come to make up my last Accounts before thee. O my God, help thy Servant, that I do no Evil to any Man this Day; and let it be thy blessed Will, not to suffer the Devil, nor any of his wicked Angels, nor any of his evil Members to have Power to do me any Hurt or Violence, but let the Eye of thy holy Providence watch over me for Good, and not for Evil, and command thy holy Angels to pitch their Tents round about me for my Defence and Safety, in my going out and coming in, as thou hast promised they shall do about them that fear thy Name; thro' our Lord Jesus Christ. *Amen.*

A Prayer for the Sick, lying at the Mercy of God, and ready to depart.

ETernal and omnipotent, infinite and incomprehensible God, Lord of my Life, and Determiner of my Days, my Body now is dissolving into Dust, and my Soul returning to thee that gavest it. O Lord, most holy, O God, most mighty, draw near unto me, who make haste to come unto thee. Give me a clearer Sight of thee, by how much the nearer I am out of the dark Prison of my Body: Give me also a quicker Taste of the Powers of the Life to come,

come, that I may more comfortably pass over these last Troubles of this present Life. O Lord, my Soul is heavy, even unto Death: For the Weight of all my Sins, aggravated by the Devil, is at once upon me, and I sink and faint under this Burthen, which is too heavy for me to bear; neither is there any Means under Heaven to ease me of it, but by laying it upon him that hath born our Infirmities, and carried our Sorrows. O Father of Mercy, and God of Consolation, let not the Guilt of my Sins, or Horror of thy Judgments, or Satan's Suggestions, or the Fear of Death, or Terrors of Hell, drive me to Desperation. I confess, that for my unmindfulness of thee, and ungratefulness to thee all my Life, I deserve that thou shouldest utterly abandon and forsake me now at my Death, but thy Thoughts are not like our Thoughts, nor thy Affections like ours. Tho' a Woman could forget the Fruit of her Womb, yet thou wilt not, nor canst not forget those that trust in thee. Thy Gifts and Graces are without Repentance, and whom thou lovest, thou lovest to the end: Thou wilt not break a bruised Reed, nor quench the smoaking Flax. Tho' thou hast severely corrected me in this thy fearful Visitation, yet thou hast not, and I stedfastly be-

believe, wilt not give me over to eternal death. Dear Father, shew thy strength in my greatest weakness, confirm thy mercy to me in my greatest need; apply thy comfort to me in this my last extremity; allwage the pains of my body with ghostly comforts, and diminish the fear of death, by the assured hope of a better life. Call to my mind, whilst yet I breathe, all the errors of my understanding, that I may timely revoke them, all the sins of my will, that I may heartily bewail them, all the testimonies of thy love, that I may gratefully acknowledge them, all the promises of thy Gospel, that I may comfortably embrace them; all my holy vows and purposes, that I may finally confirm them; and gracious Lord, accept the will for the deed. O let me, that am now returning to dust and ashes, speak but this once to my Lord and Maker, with all my heart, soul and strength; I beseech thee, by all that my Saviour Jesus Christ hath done and suffered for me, I intreat thee speak peace to my soul on her departing, and say unto her, I am thy salvation. Make my election sure, by my true repentance, fervent charity, assured confidence, constant patience, comfortable perseverance unto the end, and in the end.

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A Seaman's Prayer.

Most glorious and eternal God, whose Power and Wisdom is infinite, and whose Dominion is without end, thou canst order and dispose of thy poor Creatures, to thy own praise, and to their own comfort; be pleased to look down from Heaven, the habitation of thy dwelling place, and take notice of the broken Requests of a poor Worm in thy presence, that is not worthy to take thy name into his Lips: Lord, I may well say, What is Man that thou art mindful of him, or the Son of Man that thou shouldest compass him about with loving kindness, as with a garment? The divine Architecture of this goodly Fabrick of Heaven and Earth, raised out of nothing, to this admirable perfection, is beyond the apprehension of poor sinful dust and ashes; but to behold thy glorious works upon the deep Waters, is much more admirable; these declare thy glorious power. O blessed Lord, vouchsafe thy presence with a poor sinful Creature in this undertaking, that I may praise thee in the vast Ocean; be a Preserver from the danger of the Seas, and prosper what is lawfully undertaken; but especially preserve me from the danger of Sin. Oh let the gales of thy gracious Spirit blow my soul at last to its desired harbour. O thou that carriest the winds in thy fist, so take care of me, that the Waves of the Sea, or of worldly desires, may not swallow me up, and return me home in safety, that I may bless thee in the land of the living, and in the congregation of thy people: and all this, and whatsoever else is needful, I ask for the sake of Jesus Christ my Lord, to whom with the Holy Spirit of Grace, be glory and honour, now and ever. *Amen.*

The Thanksgiving of a Seaman after a prosperous Voyage.

E Verlasting God, the powerful Preserver of men, there are no bounds to be set of thy bounty; for besides the great work of thy creation, thy continual preservations and wonderful works of providence declare thee to be a God of mighty power, so also of wisdom, goodness, justice and truth. Oh never to be enough magnified is thy mercy for the continuance of thy favours, thou never leavest nor forsakest those that put their trust in thee. O holy Lord, what shall I render unto thee, that so aboundest in love and mercy? In the deep the Lord hath been seen, and every morning thou preventest me with thy loving-kindness, and tho' Yin hath abounded, yet thy grace hath super-abounded; thou dost fulfil the desires of them that fear thee. Oh now, as thou hast given me a new life, and delivered me from the dangers and terrors of the deep waters, so be graciously pleased to give me a thankful heart; let there be in me hungering and thirsting after righteousness, that I may be brought home at last to the land of promised blessedness. Good Lord do this, and what else thou seest needful, for the sake of Jesus Christ thy Son our Lord; in whose most blessed name and words, I further pray, *Our Father, &c.*

A Prayer for one that is in Indisposition of Body, and under a lingering Sickness

A Almighty God, the Father of the Spirits of all flesh, whose never-failing providence ordereth all things both in Heaven and Earth: I desire, with the profoundest humility and reverence, to prostrate both soul and body before thee, begging that thou wouldest give me grace to behold and admire thy doings, in all thy dispensations towards my self, and all mankind. I acknowledge it thy bounty, that I ever

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as at all, and adore thy meery and long-suffering for preserving me thus long in the land of the living. My many days and years of health and comfort, were thy gift; and the recoveries from former sicknesses, as well as the prevention of those dangers and diseases I never felt, are owing to thee alone. Man doth not live by bread and care, nor is relieved by medicines only, but by the Word and Blessing which proceedeth out of the mouth of God. Grant me, I beseech thee, a strong and due sense of my entire dependence upon Thee, and grace to improve under, and behave my self in conformity to that persuasion, that whether the means used for my ease and relief succeed, I may ascribe all the glory and thanks to thee alone; or whether thou thinkest fit to deny them their intended effects, I may humble my self under thy mighty hand, and remember, that thou, Lord, hast done it. Inspire me, I beseech thee, with that true and heavenly wisdom, which may help me to discern aright the seasons, and enable me to answer the ends of this correction, and all other thy dealings with me; that I may fear the rod, and who hath appointed it, and in all conditions, submit my self entirely to thy good pleasure, and glorific God in the day of visitation, that so this weakness of my body may tend to the strengthening of my vertues, and the health of my soul: thro' the merits of him who redeemed them both at the price of his own blood, even thy Son, and our ever blessed Saviour, Jesus Christ our Lord. Amen.

A general Prayer for any time.

I Adore thee, O thou infinitely great and good God, Maker and Lord of Heaven and Earth, worthy art thou, O Lord, to receive all honour and power, for thou hast created all things, and for thy pleasure they are and were created. Send down thy holy Spirit, O most merciful Father, upon me thy servant; and so

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fill me with thy heavenly grace and benediction, that I may become a little temple, sanctified and devoted to thy honour and service, and such wherein thou mayest delight to dwell, and make the place of thy rest and abode, both now and for ever. And to this end grant me seriously to consider what thou art, what I my self am, and what I ought to be, that thou art a God greatly to be feared for thy power and justice, greatly to be loved for thy infinite perfection and goodness, and greatly to be praised for thy liberal bounty and loving-kindness; that thou art both the Author and the end of my being, my true and only good, the cause of all my joy and happiness, and the great centre and stay of thy whole creation, that I am a creature one that once was not, and now am a poor, empty, weak and imperfect being; that I have nothing but what I receive from thee, that I can do nothing but what I do by thee, that I can know no thing but what I know in thee, and in thy light; that I am not only thy creature, but through my own wilful default, a sinful creature; a creature acting against the end of my creation, against the law of my Creator, against the dignity of my nature, and against my true and best interest, both here and hereafter; that I have not loved thee, as in strictness I ought, with my whole heart, soul, and mind, and strength; nor as I might according to the measures of thy grace, and my present abilities; nor indeed as I have loved this World, and the Vanities of it, having been a lover of pleasure more than a lover a God. Grant me also lastly thy grace seriously to consider what I should be, both towards thee, my neighbour, and my self: that I ought to be holy, just, charitable, temperate; that I ought not to live carelessly, and at random, as those that have no sense of thee, nor of their duty; and that believe neither heaven nor hell, but as one that now lives in thy presence, and must hereafter

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give thee an account, and be eternally happy, or eternally miserable, according as I demean my self in this short time of trial, and that therefore denying all ungodliness, and worldly lusts, I should live godly, righteously and soberly in this present world, looking for that blessed hope, and the glorious appearing of our Saviour Jesus Christ. Fix, O Lord, these Considerations in my mind, and let them sink down so deep into my heart, that they may bring forth in me the fruits of good living; that so my spirit may be pure and right within me; my life may be holy, my death comfortable, my resurrection joyful, and my eternal state happy and glorious with thee my God for ever. And since I know not how long or short my continuance may be in this world, neither how great temptations and dangers I may be exposed to; O merciful Lord, I beseech thee receive me into thy protection and care, and watch over me by thy wisdom, and providence for good; preserve me from the heats of passion, from the surprize of lust, and the uneasiness and mischief of a proud and ungovernable spirit; from the murmurs and difficulties of a narrower fortune; from the insolencies and vanities of wealth, and from the designs of wicked men; from the snares of my own heart, from the malice of the devil, and an inevitable danger; from the withdrawing of thy grace, and from a strong temptation; from the sad effects of melancholy or despair, and evil Opinions. O Lord be pleased then to give me an humble, thankful and obedient heart, a tractable will, a quiet and easie spirit, governable affections, and a devout soul that I may study to be quiet, and to do good, that I may live as becomes the Gospel of Christ, that I may be always under the guidance and protection of thy grace and providence, and with the fruits of righteousness, adorn my holy profession, that my fallings may make me more careful and vigilant, that I may still retain a penitent heart,

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heart, and due sense of my sins, and by thy grace live an instrument of thy glory, that I may believe all thou hast said, and do all thou commandest, my conversation being easie and unblameable, my life holy and exemplary, that I may so live, as to be fit to die in thy faith and fear, that I may ever praise and adore, and be happy with thee, and be number'd with thy saints in glory everlasting. Lord, hear and answer me, for Christ Jesus his sake. *Amen.*

A Morning Prayer.

Blessed art thou, O Lord God, who turnest the shadow of death into the morning, and renewest the face of the earth; who hast lightened mine eyes that I sleep not in death, and hast delivered me from the terrors of the night; for I laid me down and slept, and rose up again, and thou, O Lord, madest me to dwell in safety; O Lord, blot out as a night-mist, mine iniquities, scatter my sins as a morning cloud; grant that I may become a child of the light and of the day, that I may walk soberly, chastly and honestly in the day; vouchsafe to keep me this day without sin; moreover deliver me from the perils and dangers of this day; sufficient to the day is the evil of it; teach me to do the thing that pleaseth thee; turn away mine eyes lest they behold vanity: set a watch before my mouth; let me do nothing that shall make my heart ake, or a scandal to me; but let my doings be such as thou mayest remember me for good, and spare me according to thy mercy. Into thy hands I commend my spirit, soul and body, for thou hast created, redeemed, regenerated them, O Lord thou God of truth. *Our Father, &c.*

O Lord our heavenly Father, almighty and everlasting God, which hast safely brought us to the beginning of this day, defend us in the same by thy mighty power, and grant that this day we fall into no sin, neither run into any kind of danger, but that all our doings may be ordered

ordered by thy governance, to do always that which is righteous in thy sight, through Jesus Christ our Lord.

Amen.

Prevent us, O Lord, in all our doing with thy most gracious favour, and further us with thy continual help, that in all our works begun, continued and ended in thee, we may glorify thy holy Name, and finally by thy mercy obtain everlasting peace and safety, through our Lord Jesus Christ. *Amen.*

Almighty Lord, and everlasting God, vouchsafe we beseech thee to direct, sanctify and govern both our hearts and bodies in the ways of thy laws, and in the works of thy commandments, that through thy most mighty protection, both here and ever, we may be preserved in body and soul, through our Lord and Saviour Jesus Christ. *Amen.*

Lord Jesus, I give thee my body, my soul, my substance, my fame, my friends, my liberty and my life; dispose of me, and all that is mine, as it seemeth best to thee, and the glory of thy blessed name. *Amen.*

The Lord's name be praised, from the rising up of the sun to the going down thereof.

An Evening Prayer.

THE Lord hath granted his loving kindness in the day time, and in the night-season will I sing of him, and make my prayer to the God of my life. Blessed be thou, O Lord our God, who hast delivered me from the evil of this day, who hast not cut me off, as justly I have deserved, who hast given me occasion of praising thee. Lord, I sinned against thee this day, sinned grievously, wonderfully, and horribly, O Lord; but turn thy face from my sins, and put out all my misdeeds; though my misdeeds prevail against me, be merciful to my sins, for thy Son's sake, and enter not into judgment with thy servant, for in thy sight shall no flesh living be justified; but for the time to

come, teach me to do the thing that pleaseth thee, and lead me in the way that I should walk. I am a stranger upon the earth, O hide not thy commandments from me; give me comfortable repose and sleep this night, and thereby fit me for the works and services of the following day. I will lay me down in peace and take my rest, for it is thou Lord only that makest me dwell in safety. Have mercy upon me, O Lord, now and at the hour of death; preserve me, O Lord, while I am waking, and defend me when I am sleeping, that my soul may continually watch for thee, and both body and soul may rest in thy peace for ever and ever. *Amen.*

O Lord our heavenly Father, almighty and everliving God, by whose providence both the day and the night are governed, vouchsafe, we beseech thee, as thou hast this day preserved us by thy goodness, so still this night to shadow us under the blessed wing of thy most mighty protection, and to cover us with thy heavenly mercy, that neither the prince of darkness may have any power over us, nor the works of darkness overwhelm us, but that we being armed with thy defence, may be preserved from all adversities which may hurt the body, and from all wicked thoughts which may assault and defile the soul, through Jesus Christ our Lord. *Amen.*

We humbly beseech thee, O Father, mercifully to look upon our infirmities, and for the glory of thy name turn from us all those evils that we most righteously have deserved, and grant that in all our troubles we may put our whole trust and confidence in thy mercy, and evermore serve thee in holiness and pureness of living, to thy honour and glory, through our only mediator and advocate Jesus Christ our Lord. *Amen.*

O Lord, we beseech thee, mercifully hear our prayers, and spare all those which confess their sins unto thee, that they whose consciences by sin are accused, by thy merciful pardon may be absolved, through Jesus Christ our Lord. *Amen.* Lighten

Lighten our Darkness, we beseech thee, O Lord, and by thy great Mercy defend us from all Perils and Dangers of this Night for the Love of thy only Son our Saviour, Jesus Christ. *Amen.*

God the Father bless me, God the Son defend me, God the Holy Ghost preserve me now and ever. *Amen.*

A Prayer for the Queen.

A Almighty and Everlasting God, Creator and Lord of all things, give Ear, we beseech thee, unto our humble Prayers, and multiply thy Blessings upon thy Servant, our sovereign Lady Queen *ANN*, whom in all lowly Devotion we commend unto thy high Majesty, that she being strengthened with the faith of *Abraham*, endued with the mildness of *Moses*, armed with the magnanimity of *Joshua*, exalted with the humility of *David*, beautified with the wisdom of *Solomon*, and replenished with the goodness of them all, she may walk uprightly before thee in the way of Righteousness, and like a mighty Queen may be powerful over her Enemies, governing her people with equity, and preserving the Church with Truth and Peace, through Jesus Christ our Lord. *Amen.*

A Prayer for a private Family in the Morning.

O Most gracious God, and loving Father, we heartily thank thee for all thy loving-Kindnesses so abundantly shewed towards us; for our Election, creation, redemption, merciful vocation, justification, sanctification, continual preservation, and for that assured and most comfortable hope which thou hast given us of our glorification in the World to come. We praise thy gracious goodness for so mercifully preserving us this present night, and delivering us from all dangers both of Soul and Body; for that thou hast

granted us so sweet and comfortable Rest, and hast now presently brought us to the beginning of this day; and as thou hast safely preserved us unto this present Hour, from all the dangers of this Life, so we beseech thee to continue this thy favour, towards us this day, and the whole course of our Life. Suffer us not by the vain allurements of this world, to be drawn away unto Sin and Wickedness.

Assist us with thy Grace and holy Spirit, that we spend not our time vainly or idly, but that we may always be diligently exercised in the duties of our calling, to the benefit of our Brethren, and discharge of our own Consciences; grant that in all our consultations, words, and works, we may ever have thee present before our Eyes. *Amen.*

Evening Prayer for a Family.

Most gracious God, and loving Father, we heartily thank thee for all thy loving Kindness, so abundantly shewed towards us; for our election, creation, redemption, merciful vocation, justification, sanctification, continual preservation, and for that assured and most comfortable hope which thou hast given us of our glorification in the world to come; we do praise thy gracious goodness, for so mercifully preserving of us this present day, and delivering us from all perils and dangers, both in Soul and Body, and giving us all things necessary for this present Life, as health, food, apparel, and such like; this gracious goodness of thine, we beseech thee, O Lord, to continue towards us for ever; And here we offer up unto thee our Souls and Bodies, our Lives, and all that we have, in assurance, that that cannot perish that is committed unto thee: take us into thy hands, and keep us this night, that our Bodies may sleep, and our Souls may watch for
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the coming of thy Son Christ; that so both our Bodies and Souls may be the more apt, and the better able to serve thee in that estate and calling wherein thou hast thought good to place us. *Amen.*

A Prayer to be said at all Times.

WE confess and acknowledge, O most merciful Lord, that we are most miserable and wretched Sinners, as well by the original Corruption of our Nature, as by the course of our evil and naughty Life; we have and do daily transgress and break thy most holy Laws and Commandments, both in thought, word and deed. By the means of this sin and corruption of ours, we do continually deserve most just Condemnation, and to be for ever cast out of thy Presence; yet such is thy Goodness again towards us, that in Mercy thou wouldest not suffer us thus, in our sins, to perish, but hast sent thine own dear Son, Jesus Christ, to take upon him whatsoever is due, to reconcile and make us at one with thee again. In him therefore, and through him, we come unto thee, beseeching thee for his sake, that we feeling the grievousness of our sins, and groaning under the burthen of them, may feel the release and ease of them, in that, we through thy holy Spirit be assured, and stedfastly do believe, that Christ hath born the burthen of them, even for us: Grant, O Lord, that we being assured hereof in our Consciences, may through thy holy Spirit be renewed in the inner man, to hate, detest, and abhor sin, and to study to live according to thy blessed will during our whole life.

We do not only pray for our selves, but also for all the whole Church, especially such as be persecuted for thy word; grant unto them, that whe-

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ther it be by Death or Life, they may glorifie thy name to their Lives end. Be mirciful to this Church of *England*, *Scotland*, and *Ireland*, we beseech thee good Lord, and preserve every part and member of the same, especially thy Servant, *ANNE* our most gracious Queen: Grant her all such gifts as be needful for so high a Calling, to the advancement of thy Glory, and the benefit of this Commonwealth, to the establishing of a perfect Government of thy Church, to the rooting out of superstition, and to the governing of her subjects in peace and tranquillity. Defend her, O Lord, from all conspiracy, treasons, rebellions; and so work in the hearts of her subjects, that knowing her Aushority doth come from thy heavenly Majesty, they may with dutiful hearts obey her, in thee and for thee. And here, O Lord, we prostrate our selves, and yield unto thy divine Majesty, from the very bottom of our hearts, all possible praise and thanks for thy wonderful deliverance; give us grace, good Lord, never to forget this thy great mercy towards us; preserve the council and magistrates of this Realm, that being enlightened by thy holy spirit, they may defend thy truth, suppress wickedness, and maintain equity; behold all thy pastors, bless their labours, encrease the number of them, and confound the power of Antichrist, and turn the hearts of the people that they may be obedient unto thy truth; behold all those that be afflicted with any kind of cross, that they may profit by thy correction in newness of Life, through Jesus Christ our Lord, in whose name, for these mercies and whatsoever else thou knowest to be needful for us, and for the whole Church, we pray unto thee as he himself hath taught us in his holy word, saying, *Our Father*, &c.

The Lord make his face to shine upon us, and
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be merciful unto us; the Lord turn his favourable countenance unto us, and grant us his peace. The grace of our Lord Jesus Christ, and the love of God the Father, and the most comfortable fellowship of the holy Spirit be with us; preserve and keep us this day, or this night and for evermore. *Amen.*

A Prayer for a Scholar before he begins his study.

O God that are the Fountaine of all Wisdom, and Founder of all Learning, which hast said, If any Man lack Wisdom, let him ask it of thee, who givest to all Men liberally, and reproachest no Man, and it shall be given him. I beseech thee, breathe into my Soul the Spirit of Understanding, that I may learn and know those Things which I ought; polish my Mind, that I may shine bright with Divine Knowledge: So sanctifie all my Studies, Labours and Endeavours that I may practise only the Study of thee and thy Law. Feed me with the Milk of thy holy Word, that I may grow strong in setting forth thy Praises; so instruct me O Lord, that all my studies be refer'd to the right end, that I be neither infected with Heresie, nor Partaker of any Sect or Schism. Let me not wilfully lose, nor vainly bestow that precious Date of time, which gliding away never returneth again, and being lost or let slip will not be regained; but as I grow up in Years, so let me grow up in Learning, remembering that all time is no time, which is not spent in some Calling, whereby thou mayest be glorified; let me not be idle then, but seek after the Pearls of true Knowledge; give me Judgment, O Lord, to make the best choice, Wit and Capacity to conceive, Memory to retain and bear away all such good Things as I shall hear or read.

And so bleſs me in that I undertake, that all my travel

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travel in the way of Knowledge, being blessed by thee, I may perpetually reap the Fruit of my Labours, and be thankful unto thee for all thy Favours, through Jesus Christ my Saviour and Redeemer. *Amen.*

A Prayer for a Child before he goeth to School.

O Lord God, who hast promised that thy wonders should be sounded forth by the Tongues of Infants and sucking Babes, behold I am a Child, and cannot speak unto thee, or call upon thee as I should, but open thou my lips, that my mouth may shew forth thy Praise: so pour into my Lips the Waters of the Well of Life, that I may learn those things that may lead me unto the knowledge of thee and thy Law. Hew and square the rough Table of mine Heart, prepare and make it smooth and fit to receive into it the impressions of thy divine Grace and Wisdom; let me be wise unto sobriety, and carry my self humbly, lowly and modestly towards all Men, with reverence towards those that have government over me, and lovingly towards those that are my Fellows and Equals. Keep thou me in the fear of the rod of thy displeasure, so shall I be sure to have my Name set in the leaves of the Book of Life; thy Commandments are a Lamp, and thy Law is a Light, and reproof of Instructions are the Way of Life. O let me remember thee my Creator in the Days of my Youth, while the evil days come not. Teach me, O Lord, how to lead my Life according to the Rule of Godliness. Make me obedient to my Parents, dutiful to my Teachers, proud towards no man, but rightly affectioned towards all men. Add unto my length of days abundance of vertues, guide my feet in thy ways, direct my mind, sanctifie my studies, govern all my actions

actions, preserve my Body in health, my soul from uncleanness; take from me all dulness and incapacity that may hinder my growth in Knowledge, and bring me to Life everlasting. *Amen.*

A Prayer for a Servant or Apprentice going to his Labour.

O Eternal God, who sitest in thy Throne above, and measurest the Earth as it were with a span, who in the circle of the world hast appointed some to be Lords, some Servants, some Bond, some Free, some High, others Low, but hast made us all one in Jesus Christ. And amongst the rest of Men, since thou hast appointed that I like poor *Joseph*, should enter into the state of a Servant, so order my affections, so humble my mind, that with chearful willingness, I may perform whatsoever my Master commands me, and that all his commandments may be agreeable to the serving of thee. Let me not be ashamed of that condition of life wherein thou hast placed me; send me understanding to manage my business aright; make me faithful in all things, upright towards all men, circumspect and diligent in my calling without repining; stretch out my Sinews, that I may with unwearied limbs accomplish what is appointed me: Give me courage to begin, patience to go forward, and ability to finish all my labours: keep me from evil Company, that would entice me to spend my money, or mispend my time wastfully: Let me not embezel any thing committed to my custody, or have society with such as are Enemies to my Master's house; cleanse my heart from all falshood, swearing, and cursing, lying, abuse of thy sacred Name, and from all foul, loose and unreverent Language; give me grace to sanctifie thy sabbaths, a
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desire to hear thy words and meditate thereon: take sloth from my fingers, and drowsiness from the lids of mine eyes; whether I sleep early or lie down late, let me cheerfully proceed in my office or service; so shall the glass of my years be run out in pleasure, and I in the end shall be made free of that City of thine, the new Jerusalem; into whose fellowship I beseech thee to entrenchise and enroll me; and that after I have faithfully labour'd six days of my Life, here upon Earth, I may upon the seventh rest in thy everlasting sabbath. *Amen.*

A Prayer for a Maid-Servant.

LET thine hand maid, I pray thee, O Lord, speak in thine audience, and hearken unto her when she calleth upon thee; despise not her lowliness and low estate when she seeketh unto thee, but open thine ears to the hearty desires of thy poor-Servant; tho' I know not how to ask aright, yet teach me the knowledge of thee, and how to beg those things that are requisite for me; Though in the work of the Creation thou ordainest Woman to be a weaker Vessel, both in the labours of the Body, and endeavours of the Mind, yet strengthen me, O God, with thy Assistance, that I may perform the labour whereunto I am called, with facility and comfort; enlighten my Soul with thy divine Inspiration that I may see and do those things that appertain unto godliness; let me keep my honest reputation in the eye of the World, knowing that a good Name is better then precious Ointment: but especially in thy sight let me be pure, honest, and undefiled, so shall I not be ashamed in the great day of mine account; give me chaste and religious thoughts; let not the wanton pleasures of the flesh drown in me
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the heavenly treasures of the spirit; defend me from sins, satan, and the poyson of evel tongues; make me faithful and trusty, wise and wary in the ordering of such goods as are committed to my custody by my master and mistreese, father or mother. Give me health of body, quietness of mind, gentleness towards every body: Put out of my heart the stings of envy, give me the spirit of contentation. Though I have not wealth and dowry, as others in this world have, yet let me rejoyce in that state wherein thou hast placed me; lend me thy directing hand, that the labours which this day I am to undertake may prosper; grant me grace to love, honour, and serve thee in holiness and righteousness all my days, that I may glorifie thee in this world, and be glorified of thee in the world to come, through Jesus Christ my only Lord and Saviour. *Amen.*

A Thanksgiving for one recovered from Sicknes.

O Lord God of my health and salvation, who hast known my soul in trouble, and didst make my bed in my painful and dangerous sickness, and hast now raised me out of it to stand before thee, I offer unto thee the calves of my lips, and the sacrifice of my body and soul, which thou first gavest, and now hast restored unto me. Because I employed not the faculties of my soul, and members of my body as I should have done, thou bereavest me of the strength and vigour, and use of them for a season; but now, because thy compassion fails not, thou hast returned them to me again, wherefore I consecrate and devote them perpetually to thy service; no longer desiring the use of them, than they may be servants unto me of righteousness unto holiness. What I vowed in my sickness, by thy Help I will carefully perform
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in my Health; as I am in the state of my body, so by the power of thy renewing Grace, I will become in the state of my soul, a new Man: My broken heart, which thou hast healed, shall now entirely love thee; my feeble Knees, and loose bones, which thou hast setled, shall day and night bow to thee, my enthralled Members, which thou hast set free, shall chearfully serve thee; my weak hands, which thou hast strengthened, shall continually be lifted up unto thee; my tied Tongue, which thou hast loosened shall unfold thy Mercies; my deaf Ears, which thou hast opened, shall hear thy Voice; my harsh, hoarse, and faint Voice, which thou hast cleared, shall sing aloud a song of mercy and judgment, for in thy former Mercies thou forgettest not judgment, to make me know mine evil, and in this latter judgment thou remembrest mercy to make me know thy Goodness: By thy Judgment thou hast taught me to know my self, and by thy Mercies to know thee: Before I was troubled I went wrong, but now, since thou hast set me right, I will run the way of thy Commandments. I will perpetually renew and refresh the memory of this singular benefit, whereby thou hast renewed and restored me, and by the smart of my pain, made me understand wisdom secretly. Thy Rod and thy Staff, as they have comforted and supported me, so they have beat many profitable Instructions into me. By thy Scourge, which pierceth the Flesh, and entereth into the Heart and Bowels, I learn that thou requirest truth in the inward parts, and scorchest the reins and the heart. By thy Rod, which at once strketh all the parts of my body, tho' it fall heaviest upon one particular, I learn, that tho' sin reigneth and rageth in one kind more than another, yet that my whole soul is diseased, the whole head is sick, and the whole heart is faint, my sins were many

many because my Sins were multiplied; my pain is increased, because my sin is aggravated: My wounds stank and were corrupt through my foolishness, the insufferable anguish whereof, as it gave me a quick touch of my sin, so also a lively sense of the benefit of health. By my confining to my chamber, thou taughtest me what is the benefit of Liberty; by the weakness of my Limbs, what is the benefit of strength; by my want of Appetite, what the benefit of a stomach is; by the missing of my friends, what the benefit of society is; by my continual watching, what the benefit of rest and repose is; by the stupidity and deadness of all my parts, what the benefit of cheerfulness is. Alas! what is a Crown beset with Rubies to a man that hath a carbuncle in his head? what is a Chain of pearls, to one that hath a Quinsie in his neck? or a Collar of S'S. to him that hath an imposthume on his Breast? or a diamond ring, to him that hath the Goat in his finger? or the golden Garter, to him that hath the cramp in his Leg? what are melodious songs to the deaf, beautiful Pictures to a blind Man, dainty dishes to him, that hath lost his taste? what are large revenues to him that possesseth nothing but his Bed? what are all to him that is tormented in his body with the pangs of Death, or troubled in mind with the horror of hell? I confess unto thee, O Lord, that in my health I often read in the Scriptures, and heard this note from the sweet fingers of Israel, that worldly delights and comforts were vain, and much like flags and bullrushes, which Men in danger of drowning catch to bear them up, but they sink down under Water with them. I cannot deny but the golden Bells of Aaron in thy Sanctuary, have often rung this Lesson in mine Ears, that the true hearts ease groweth only in thy Prardise; that the contents of the large volume of this World is nothing

thing but vanity, that one little fit of an ague can dispossess the happiest man alive of temporal felicity; yet till I learned by that which I suffered, till thy rod had imprinted it even in my flesh, I never deeply thought of it, nor so thoroughly assented thereunto, but I held the world, though not in admiration, yet in too great esteem; I secretly repined at the wealth of the covetous, and honour of the ambitious, and pleasure of the voluptuous, and accounted the lives of thy saints miserable, in comparison of them, so foolish was I and ignorant, and even as it were a beast before thee, but in this school of my sickness I have perfectly gotten by heart that which I did but slubber over before, and learned by rote; in my fearful visitation, finding by my own experience that all earthly delights and comforts leave us in our extremities, and cannot stead us when we most need, nay rather encrease than assuage our pains, I began to distaste them all, I grew out of love with this life, and entertained death in my most serious thoughts; and I perswaded my self, that those thoughts of death shall never die in me, but still live in my memory, and upon every good occasion be stirred up and revived, to prepare and dispose me to my last end, that so I may see that Basilisk first, and kill it before it see and kill me. O death! how bitter in thy remembrance is the pride of health? O Life! how bitter is thy remembrance in the misery of sickness. Verily, I had utterly fainted under my cross, and my soul had been put to silence: I had swooned, and given up, not only my ghost, but thy holy spirit of comfort, if thou hadst not stayed me with flaggons, and comforted me with apples, and in my hottest fit cooled me with the sweet gales of thy grace: I had fallen not only with *Job*, to curse the day of my birth, but to question the truth of thy

thy promises. But everlasting thanks be unto thee who gavest me Victory over that fearful temptation, and by thy holy spirit didst call to my mind all those sweet promises of thy gospel whereby I received comfort and recovered strength, and now I am assured, and more than ever before perswaded, that neither heighth, nor depth, nor principalities, nor powers, nor pain, nor pleasure, nor sickness, nor health, nor life, nor death, nor things present, nor things to come, shall ever be able to separate me from thy love in Christ Jesus.

The Seaman's Prayer.

O God, the great Creator of heaven and earth, thou dost whatsoever thou plearest in the sea, and in all deep places, I the unworthiest of all thy servants am at this time called upon to behold thy wonders in the deep, and to perform my duty in great waters; guide me, I beseech thee, in all times, and in all places be thou our skilful Pilot, to steer us and protect us from all dangers, and rebuke the winds and the seas, when they molest us, preserve our vessels from being rent by the loud cracks of thunder, or from being burnt by lightning, or any other accident; keep us and save us from tempestuous weather, from bitter frosts, hail, ice, snow, or whirlwinds, and from captivity and slavery.

Teach me, O God, to remember thee my Creator in the days of my youth, to continually think upon thee, and to praise thy name for all thy mercies; bleis all our friends, I beseech thee that are on land, and let their prayers for us be acceptable in thy sight, and grant that our now meeting together may be for the better and not for the worse,
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even to the praising and magnifying of thy holy Name, and salvation of our own Souls in the great day of the Lord Jesus, to whom with thee, and thy blessed spirit, be ascribed all honour, power, and glory, adoration and subjection, now and for evermore. *Amen.*

Graces before and after Meat.

Grace before Meat.

O Lord thou art the God of all our Mercies, and to thee alone belongs the Power of Blessings; bleſs, I beſeech thee, theſe thy good Creatures which thou haſt now prepared for me, to the ſtrengthening and nourishing of my weak and frail Body, and give me Grace to improve that Strength to thy Glory, through Jeſus Chriſt. *Amen.*

Grace after Meat.

O Lord, thou art good, and thou doeſt good, with the opening of thine hand thou ſatiſfi- eſt the Deſires of every living Creature; I bleſs thy Name, that thou haſt comfortably reſreſhed my Body at this time with thy good creatures; help me to ſhew forth the thankfulneſs of mine Heart in the fruitfulneſs of my Life to thy Glory, through Jeſus Chriſt. *Amen.*

Grace before Meat.

Good Lord, bleſs theſe and all other thy good Creatures which thy Divine Providence doth beſtow upon us, and give us Hearts to be truly thankful for the ſame, through Chriſt our Lord. *Amen.*

Grace

Grace after Meat.

THe God of all Glory and Power, who hath created and redeemed us, and at this time recently fed us with these thy good Creatures, thy holy Name be blessed and praised now and for evermore. *Amen,*

Grace before Meat.

O Blessed Lord, we beseech thee to pardon our Sins, and to bless this Food which it hath pleased thee to bestow upon us, that we may be thereby nourished, and be made able to serve thee, through Jesus Christ our Lord. *Amen.*

Grace after Meat.

Most merciful God, we give the humble and hearty thanks for thy manifold Blessings bestowed on us, and upon all Mankind; give us Grace we beseech thee to be continually thankful, thro Jesus Christ our Lord. *Amen.*

Grace before Meat.

O Gracious God! in whom is all Fulness, bless these Creatures unto us, and give us Grace to use them soberly, and purely according to thy Holy Will, through the Mercies of Jesus Christ our Lord. *Amen.*

Grace after Meat.

WE return thee Thanks, most merciful Father, for the supplying of us at this time with Food for our Bodies: Supply us now and evermore with spiritual Food for our Souls, that we may be fit for thy heavenly Kingdom, through Jesus Christ our Lord. *Amen.*

Grace

Grace before Meat.

Good Lord, forgive us our Sins which make us unworthy of all thy Mercies; bless these thy Creatures to the use of our Bodies, and bless our Bodies to the use of our Souls, and bless both Bodies and Souls to thy service, through Christ our Lord. *Amen.*

Grace after Meat.

THou, our God, which hast created us by thy power, preserv'd us by thy Providence, and redeemed us by thy Blood, and at this time hath plentifully fed us, thy holy Name be blessed and praised now and for evermore. *Amen.*

Grace before Meat.

O Lord give us Grace to use these thy good Creatures, which thou hast at this time provided for us to thy Glory, and to the good and welfare of our Souls and Bodies, through our Lord and Saviour Jesus Christ. *Amen.*

Grace after Meat.

AL L Honour, Praise, and Glory be given unto thee, O Lord, for satisfying our Bodies at this time with thy good Creatures; we beseech thee likewise to satisfy our Souls with thy Goodness, through Christ our Lord. *Amen.*

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